

Highlands Highlights



HOA Board Message

Submitted by Mike Dahlstrom, President

As the Highlands Community moves to consider re-opening activities along the State's and County's guidelines, we should understand the HOA's actions to maintain safety of Community members using common areas.

The primary common area is the Highlands Clubhouse. The Board agreed at the onset to lock the front door to all but HOA members. Groups and clubs were given authority to manage their activities using both recommendations for social gatherings and common sense. The Library has remained open to Community members and has proven valuable to all of us in isolation. Those using the Clubhouse have been asked to follow health standards and attendees have been utilizing social (physical) distancing and respect for others.

Nearby HOAs have taken different approaches—none of us have received explicit instructions from the State regarding how to address community safety. Nearby, KCCA has locked their clubhouse and currently there isn't a re-opening scheduled. We've chosen to rely on our Community's willingness to be respectful and observant.

Even with limited use, the Clubhouse is cleaned routinely. Our contractor, *Pro Maintenance*, is using typical cleaning solutions and focuses on "high-touch" areas like door handles, counter surfaces, and the like. *Pro Maintenance* does not use EPA designated cleaning materials, nor is the company a certified hazardous area cleaning specialist. Even if they were, it only takes one person's carelessness to undo those efforts. Again, we choose to rely on our Community members doing the right thing (wearing masks, washing hands, being respectful).

As more clubs, groups, gatherings, and committee meetings begin to re-appear, please be aware – *IT IS THE INDIVIDUAL'S RESPONSIBILITY TO MAINTAIN HEALTH AND SAFETY PRECAUTIONS, FOLLOW STATE AND COUNTY PROTOCOLS, AND CONTINUE RESPECTING YOUR NEIGHBORS.*

We all are experiencing cabin fever. With the weather getting increasingly inviting, we need to remain alert to our surroundings and continue our vigilance. There is a "new normal" for the near future. Your Board trusts and relies on your respect and personal accountability.

*"Worry is like a rocking chair:
It gives you something to do
but never gets you anywhere."
~Erma Brombeck*

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To protect Mabel, the Office Door will remain closed for the time being. Visitors are welcome to talk with her through the glass door.

During These Times...

As of this printing date, clubs, groups, and committees will move cautiously toward having meetings as communities slowly re-open.

If meetings cannot be in person, they may be held via online or teleconferencing. Watch Hi-Net for ongoing changes to meeting specifics, and please share info with neighbors who don't have Internet or aren't on Hi-Net.



NOTE: SEE PAGES 6-7 — VARIOUS ITEMS...For IN THESE TIMES!

Condo Messages



Condo Board Message



May has Submitted by Sherry Kilpatrick, Chairperson

been another quiet month around Highland Park Condos, and the world! This quarantine has gone on for longer than anyone would have imagined and still no end is in sight.

The Board has been busy, however. On May 14th, we had our first Zoom Board Meeting. (It worked out quite well due to a test run the day before.) We had a number of things to discuss this month. The first of two costliest topics was the approval of Greenpointe Construction's bid for repairing more decks. Demolition of the first decks will start June first. Unit owners being affected will be notified by CMI. Greenpointe has a new schedule that can identify the various stages of the project; see Zoe Allen's article here, and you can also check with either CMI or Zoe for further details.

The second issue we discussed was the problem of our rusted-out water shut off valves. All will eventually need replacing. We are looking to address the most severe this year. Since this is such a complex and costly project, we are obtaining competitive bids. We hope to discuss this project further and make a decision at the June Board Meeting.

Another item that was approved: adding new plants to the area outside Building 12 and the garbage enclosure. BrightView will be planting four new shrubs there!

Spring cleaning is here! Related accomplishments for the month: the exterior windows were cleaned by Pro Maintenance, starting on May 13th; and the buildings' entryway carpets were cleaned on May 15th.

A reminder to those lower level units who have not gotten their dryer vents cleaned yet: We will be doing another group discount this summer for those units. Please give me a call at (503) 452-4688 or send an e-mail to sherryk8888@gmail.com to get on the list.

If you choose to arrange for cleaning of the vents yourself, please notify me via e-mail so we have a record on file that it has been completed.

Often when you think you're at the end of something, you're at the beginning of something else."
~Fred Rogers



In These Times...

In Submitted by Sandy Bergeron these difficult times of COVID-19, it is more important than ever to be kind and considerate to our fellow man and woman.

Newer evidence reveals the virus can live in enclosed areas for up to 14 minutes in the air. So if we cough, sneeze, or just talk in our common entryway, we or our visitors could possibly spread the viruses around.

Please wait to do your talking outside or wear a mask in the entryway.

Sandy Bergeron
(503) 624-7896
Condos Neighborhood Watch
Coordinator

Deck Repairs Update

Submitted by Zoe Allen

Deck work is still scheduled to begin on Monday, June 1st with the demolition of decks 35, 38, 66, and 78 that first week. Tentatively, decks 89, 94, 120, and 124 will be demo'd the week of June 8th. The last deck to be started will be #102 the following week. All decks must be cleared of **everything** before demolition.

In addition, Unit Owners who live below a deck being repaired should plan on removing whatever you can from your patio, so access is not blocked. Workers need to be able to access the decks from both above and below.

The schedule may be changed by weather, material backorders, or unforeseen circumstances. This year we have a new construction schedule spreadsheet that will be updated Monday afternoons and sent to our Property Manager, Erin Ashley, and Zoe Allen, the Condo Board Member Coordinator for this year's work.

GreenPointe Construction workers and other staff will wear gloves at all times and practice physical distancing. Some, but not all, may be wearing masks. They will not be interacting with HPC Residents and we ask that you do not interact with them. They will have hand sanitizers available in each work area plus a water and sanitizing station near their portable restroom. Those will be located in the parking lot below the east end of Building 17.

Questions about the schedule and other construction related issues may be directed during regular business hours to either Erin Ashley at (503) 445-1119, e-mail erina@communitymgt.com; or Zoe Allen at (503) 430-0045, e-mail zallen98007@gmail.com.

HOA & Activity Messages

Architecture/Landscape Committee



The Architecture & Landscape Committee (ALC) has been busy with a few projects lately. The pressure-washing of our sidewalks is done, the hedge-trimming near the Clubhouse and with the Arbs up along Beef Bend Road is complete, and the last big drainage project has been wrapped up. Several areas of sidewalk panels that have been lifted by street tree roots should also (hopefully) be ground down for safety by the time you read this. Our new landscape contractor, *Landscape East & West*, is also engaged in checking out the existing irrigation system to improve efficiencies and reduce water consumption. I expect to be able to provide lots more detail on the last item in the July *Highlights*.

ALC members have also been busy "rearranging the furniture," if you can imagine shrubs, stones and boulders as part of the *Highlands'* furnishings! We've had a few of the Crepe Myrtles along the Dickson pathway relocated, and quite a few of the bright-green Lemon Cypress shrubs have been moved around, too. (Some of that was to improve visibility for the drivers looking south on 131st Avenue from the stop sign on Peachvale.)

Two new projects were presented at The May Town Hall and Board meetings: installation of several sections of wooden fence panels along the Beef Bend brick wall, and a landscape-renovation project for the open "Dickson Triangle" space. It's too soon to say, as of this writing, how and when those projects will move forward; watch for announcements on Hi-Net and full details on highlands55.org/alc.

Contact me at alc-chair@kchighlandshoa.com with any questions about an upcoming project. Feel free to drop in on an ALC meeting (9:30 a.m. Wednesdays). There are always interesting things happening in the Highlands community!



Library Whisperings

Highlands Residents are very fortunate to have a well-stocked Library. The books, puzzles and DVDs are especially appreciated during our stay-at-home policy. The puzzles have been extremely popular. Please be sure to return the puzzles to the Library when you are through with them. We also ask Residents to use hand sanitizer before entering the Library.

A special thank you to the Library Committee. The Committee members do a great job of maintaining the Library every day of the week.

Hoping everybody is staying safe and healthy!

Proposed Movie Nights for June...

At press time, we plan to have June movies on the **2nd and 4th Fridays at 7:00 p.m.** if we can maintain physical distance and wear masks, if needed.

JUNE 12th - We hope to enjoy James Garner, Mel Gibson, and Jodie Foster as they match wits in "**MAVERICK**." The *New York Times* says this delightful movie is "Fast, Funny--it's Lethal Weapon meets Butch Cassidy and the Sundance Kid." Come and visit the not so Wild West.



JUNE 26th - Kevin Spacey stars as Bobbie Darin in "**BEYOND THE SEA**", the story of a legend of music and film. Didn't know Kevin could sing? Well, he puts forth an amazing performance, singing the songs we grew up with and loved. Many great memories.



Watch Hi-Net for a final decision.

Life & Travel After COVID-19

Highlands Travelers—

As we have not been able to gather in person, and with the "stay at home" order having been extended, please join me from the comfort of your living room for an informative gathering via ZOOM on **Wednesday, June 17th at 7:00 p.m.!**

I am in process of lining up a group of travel industry representatives from various sectors of the travel business--perhaps representatives from cruise line, airline, hotel, and tour companies. They are the ones in the know regarding new travel guidelines as set forth by the CDC and have the most current information.

If you have never attended a previous travel presentation, if you enjoy traveling of any kind, and are interested in hearing about travel after COVID-19, I encourage you to attend. Pour yourself a cup of tea, a glass of wine or your beverage of choice, and relax while you hear about the future of travel. Please RSVP to wendygardner2014@att.net or call (818) 807-7063. On the morning of June 17th, I will send out a link to join the presentation, so please make sure I have your e-mail address. *Stay safe and healthy.*

...from our Special Events Committee



We're sorry to report that the Special Events Committee has decided to not have the July 4th Barbeque this year. Hopefully we will have our Ice Cream Social in August. As for Happy Hour starting up, we will know more when Washington County comes out with a plan. Please look for further announcements regarding future months' plans. Any questions or comments, please call Gary at (503) 598-4636 or e-mail to g.gbmelott@frontier.com.

Activity & Community Messages



Bible Study Message



Submitted by Ron and Anna Willis

As we are all dealing with the endless barrage of virus information, it's good to report something of a positive nature. As of Friday, May 15th, Faith groups are among gatherings of 25 or less that can now take place. This adjustment to the meeting restrictions is authorized aside from the planned phased options recently announced by the Governor, of which Washington County has yet to be approved. Said meetings will be required to adhere to the established safety standards, e.g., physical distancing and wearing of masks.

With that said, our Bible Study Group falls in the category of the at-risk population—to be specific, those over 60 or those with underlying health issues. Each of us must weigh the potential for added health problems if attending our Bible Study.

Using the first and third Tuesday meeting format as usual, I am proposing the following dates:

June 2nd and June 16th.

The meetings will be held from 7:00 to 8:00 p.m. at the Clubhouse. All are welcome to attend. Look for announcements regarding those gatherings on Hi-Net. Please feel free to call or e-mail me with any questions.

Ron Willis
(360) 929-8165
ronna2@comcast.net



Sacred Lotus

Condos Neighborhood Watch



Submitted by Sandy Bergeron
So far as I know, things have been relatively quiet in the Condos -- no packages taken, or garage break-ins. Please let me know if there is anything happening besides our trash bins overflowing due to a rash of spring cleaning.

We all need to protect each other from harm. There is a dog leash, and clean up and proper disposal of waste products ordinance here in KC Highlands. We need to clean up after our pets. If you are having a problem finding plastic bags for that job, let me know. Please be courteous to your neighbors and yard work staff.

- ◆ Stay safe and stay informed.
- ◆ Don't let COVID-19 get you.
- ◆ Unfortunately, the danger is far from over.

Sandy Bergeron
(503) 624-7896
Condos Neighborhood Watch Coordinator

IN MEMORIAM

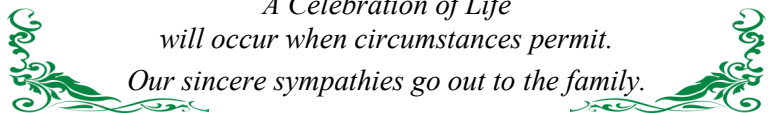
E. Richard "Dick" Bodyfelt passed away on Monday, May 11th at Woodland Heights Assisted Living in Tigard, with Kathy by his side.

Dick and Kathy moved into KC Highlands 15 years ago.

A Celebration of Life

will occur when circumstances permit.

Our sincere sympathies go out to the family.



Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can.
-JOHN WESLEY

Protect our "True" NATIONAL TREASURES

Our parents, grandparents, great grandparents and ...

BETTY WHITE!!



#stayhomesalives



Highlands Directories Reminder

Submitted by Mabel Weber
If you haven't already done so, please come to the Clubhouse at your convenience to pick up your **2020 Highlands Directory**. If you know of a neighbor who is unable to come in, you are welcome to pick up one for that person.

On the sign-out sheet on the entryway table, when you pick up your Directory please sign by your name and by the name of the neighbor for whom you are picking up one. **Note: No pen/pencil is available at the sign-out table. PLEASE bring your own pen/pencil for signing.**

There is hand sanitizer on the table for Residents to use. Please also be courteous and adhere to 'physical distancing' if you encounter other Community members.

Community Messages



Help Make KC Highlands a Worthwhile Place to Live...

Submitted by Mark Braverman

We make a living by what we get, but we make a life by what we give. — Winston Churchill
So, for whom does the bell toll? It tolls for you!
— Hemmingway

Volunteer now to help our Community continue to thrive. "New Blood" is needed. Don't be shy. There will be three positions open in November for the HOA Board: Dave Platt is retiring, Mike Dahlstrom and Judy Baese are considering running again but others are welcome to run. *Get involved!*

Thanks Dave, for your many great years of service—your inspiration and steady hand on the tiller has accomplished wonders for us all.

And Bill Beecroft, our current 'financial guru', is calling it quits after 11 years of service. Thanks Bill, we will miss your help, but stay around to give advice from time to time.

Our Community doesn't look great and feel great by accident. It takes a village to run things around here; all of us must give a little back for all we already get. Give a little of your time and talent to our Community. Your involvement will be greatly appreciated by all of us—319 houses and condos, and the people who occupy them, need ongoing care and attention. Don't hesitate...

Contact Mark Braverman, HOA Board Director, at: mbraverman33@gmail.com or (503) 349-5778.

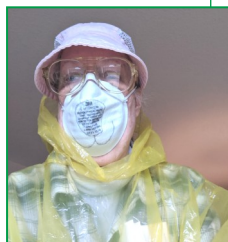
Last year I joined a support group for procrastinators. We haven't met yet!

~Author Unknown

"Shelter in Place" Poem

Long before the pandemic, the trees knew how to guard one place with roots and shade. Moss found how to hug a stone for life. Every stream works out how to move in place, staying home even as it flows generously outward, sending bounty far. Now is our time to practice—singing from balconies, sending words of comfort by any courier, kindling our lonesome generosity to shine in all directions like stars.

~Kim Stafford, Oregon's Poet Laureate



Shopping Attire seen out and about late in April!

"Let everyone sweep in front of his own door, and the whole world will be clean."

Johann Wolfgang von Goethe



OLD Highlands Directories

Reminder... DO NOT throw them in your recycle bin!

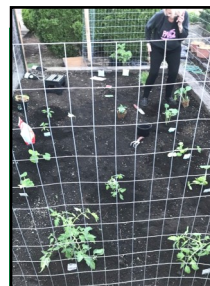
Please either shred your old Directory or put it in the recycle box at the Clubhouse!

We do not want all our private Directory information released outside of our Community to the general public.

Wash Your Hands



Just keep on dancing!



Passing Time Updates—

I finally got my garden planted!
~Diane Ortez

I am continuing to walk every day—so pleased to see all the beautiful flowers and shrubs. The many gardeners in our neighborhood make the properties look

like 'works of art.' I finished watching two previous seasons of *The Good Doctor*, the series *Dead to Me*, and I'm working on *Little Fires Everywhere*. I discovered that I'm not a puzzle person and I'm back to reading on my NOOK—not very exciting, but it's what's happening right now. Can't wait to get back to a different schedule. *Stay safe!*

~Cheryl Viale

Diane and Cheryl practicing neighborly 'physical distancing'—taking any opportunity to smile, laugh, visit together and be social these days!



Walk the Talk

Sometimes I think human beings are just a way for words to walk around on earth, And words, just a way for wind to hear itself think.

~John Brehm

Community — In These Times...



Virus Info Resources:

- <https://www.cdc.gov/coronavirus/2019>
- <https://www.who.int>
- <https://www.oregon.gov/oha>
- <https://www.co.washington.or.us/covid-19>
- <http://www.ci.king-city.or.us/>
- <http://www.kccforegon.org>
- <https://www.tigard-or.gov/corona/>
- <https://www.pbs.org/newshour>

Staying safe as Oregon Reopens



Stay home if you are sick. If you develop symptoms while in public, return home and self-isolate immediately. Contact your health care provider if you need medical attention.



People who are at risk for severe complications (over age 60 or have underlying medical conditions) should stay home even if you feel well.



Practice good hand hygiene with frequent handwashing for at least 20 seconds or use hand sanitizer (60-95% alcohol content).



Cover coughs/sneezes with elbow or tissue and **avoid touching your face.**



Practice physical distancing of at least 6 feet between you and people who you do not live with.



Use cloth, paper or disposable face coverings in public.



Stay close to home. Avoid overnight trips and other non-essential travel, including recreational day trips to destinations outside the community where you live.

For more information visit healthoregon.org/coronavirus or call 211



Some Easy 'Melting Stress' Tips

You do your best to keep it together during these times, but stress—our "fight or flight" response—has kicked into high gear. Although it may come on in a flash and resurface at the slightest trigger, you can deal with it just as quickly and easily.

- ◆ **Deep Breathing:** This is one of the quickest ways to relax—it's your body's built-in anti-anxiety system.
- ◆ **Write a List:** A list of everything that's rolling around in your mind can help you 'brain dump' all of the things that you may be ruminating about.
- ◆ **Leapfrog Over It:** Don't focus on the stress-causing event which raises anxiety. Instead, focus on how you'll feel after it—which lowers anxiety.
- ◆ **Talk to Yourself:** Repeat a positive affirmation or mantra that's easy to remember to calm your nerves, e.g., 'I am filled with peace, love, and light.'
- ◆ **Simple Visualization:** Close your eyes, take 3-5 deep breaths. Start at the top of your head, imagine your body filling with white light. Stay until you feel calmer.
- ◆ **Make a Relaxing Playlist:** Create a soothing spa playlist and turn it on for some musical relaxation.
- ◆ **Get Plenty of Sleep:** Giving priority to get plenty of sleep/downtime dramatically reduces negative and unhelpful reactions.
- ◆ **Step Away from Your Screens:** Set limits and boundaries --allow the mind to take in the world naturally; take time to breathe; see life happening in real time to relax.
- ◆ **Visualize a Funny Experience:** Laughing helps your muscles reduce stress physically; experiencing humor makes distressing emotions disappear; and the experience of humor adds perspective—stressors of life lessen.
- ◆ **Stop Saying 'Should':** Don't tell yourself what you must, need, ought, or are supposed to do. Instead, use words like want, desire, wish, prefer, or would like to, which are internal motivators.
- ◆ **Get Physical:** Exercise lowers stress hormone levels in the body. It can also help release more endorphins—chemicals that naturally improve your mood.
- ◆ **Keep a Stress Diary:** Jot down thoughts and feelings daily—go over your notes and discover what triggers your stress. The next day, you can take steps to stop those triggers.
 ~www.msn.com/en-us/health/wellness

**CONTINUED
GOOD THOUGHTS
SENT FOR
EVERYONE:
STAY HEALTHY
AND SAFE!**



Summer 2020 Footwear?

Community — In These Times...



Stimulus Check Warning for Some in Certain 'Care Centers'

from the National Assoc. of Senior Advocates

Reports have been received by this organization regarding the following. If your loved one/family member is in an assisted living facility or nursing home, and on Medicaid, some of these facilities are trying to take their residents' stimulus payments, claiming the facility gets to keep them. But according to the CARES Act, those payments fall under the tax law that says tax credits (which Congress has called these payments) don't count as "resources" for federal benefits programs, like Medicaid.

If this has happened to a person in this situation already, contact your state attorney general's office first—contact info can be found at naag.org. Then tell the FTC at ftc.gov/complaint. If you're not sure what happened to the payment, talk with the resident, and also chat with the facility's management.

If you need more back-up information: you can go to www.law.cornell.edu to see the federal tax law; to <https://crsreports.congress.gov/product/pdf> for the Congressional Summary regarding funds as tax credits; and to the National Center on Law & Elder Rights for people in assisted living facilities and nursing homes.

Again, if you suspect this has happened to someone you know, take action right away.

When something feels hard, remember that it gets better. Choose to move forward. Don't let anything stop you.

~Jimmy Fallon, Commencement Speech
M.S. Douglas H.S., Parkland, FL 2018

'Brain Game' Challenge...

Crazy Anagrams—Can you rearrange the letters in these words/phrases to make different words/phrases?

1. DORMITORY
2. PRESBYTERIAN
3. ASTRONOMER
4. THE EYES
5. THE MORSE CODE
6. SLOT MACHINES
7. SNOOZE ALARMS
8. A DECIMAL POINT
9. ELEVEN PLUS TWO



(Answers on page 9)



REMINDER: DO THE FIVE

- HANDS—Wash Them Often
- ELBOW—Cough Into It
- FACE—Don't Touch It
- FEET—Stay At Least 6 Feet Apart
- FEEL SICK—Stay Home

Help Stop the Coronavirus

Heart Conditions & COVID-19

Why a person may be at higher risk

COVID-19, like other viral illnesses such as the flu, can damage the respiratory system and make it harder for your heart to work. For people with serious heart conditions, this can lead to a worsening of COVID-19 symptoms.

Steps you can take to protect your health

- ◆ Take your medication exactly as prescribed.
- ◆ Make sure that you have at least a two-week supply of your medicine.
- ◆ People with hypertension should continue to manage and control their blood pressure.

~healthoregon.org/coronavirus



Keeping Your Pets Safe

Until we learn more about how this virus affects animals, treat pets as you would other human family members to protect them from a possible infection.

- Do not let pets interact with people or other animals outside the household.
- Keep cats indoors when possible to prevent them from interacting with other animals or people.
- Walk dogs on a leash, keeping at least 6 feet from other people and animals.
- Avoid dog parks or public places where people and dogs gather.



For more information visit healthoregon.org/coronavirus or call 211



In These Times...Are You Living Alone?

Living alone can be very daunting in these Stay-At-Home days. Being physically alone for a long period of time can have a big impact on one's mental, and physical, health. Things that can help:

- ◆ Do daily self-care—having routines regarding eating, sleeping/waking, physical activity.
- ◆ Do something you enjoy each day.
- ◆ Tune into virtual classes for meditation and yoga.
- ◆ Put your hands over your heart for a brief time, and as often as you feel like it.
- ◆ Make friends with yourself.

Keep social connections as best you can – reach out.

~KATU News, 5/01/20

Items of Interest...

BEING HAPPY... ...When the World is Being Crazy.



Take Control of Your Focus.

What you focus on, you will feel, and how you feel is how you attract. If the Coronavirus is making you feel any negative emotions, you can change how you feel! If you're freaking out, that's okay, accept it and then change your focus! It sounds too simple, but it works every time!

Someone was freaking out, and as soon as she changed her focus and started writing her book and not watching the news-- Guess what? She's happy while the rest of the world continues going crazy.

There's Always a Solution.

It's impossible for a problem to exist without a solution. We live in a world of duality. If there's light, there's darkness. If there's hot, there's cold. If there's a problem, there's a solution.

First, we have to believe there is a solution. Otherwise, we feel helpless, a victim. Second, we have to start seeking solutions by asking better questions. Someone recently transformed a painful memory into wisdom by no longer seeing herself as the victim. She released the negative emotions associated with the memory with a different focus.

Let Go of Your Expectations.

Ever been disappointed by other people or things? When will we learn to let go of our expectations? You can't control the uncontrollable. And everything outside of you is uncontrollable. We've all had our hearts broken by other people. But ironically, we broke our hearts because of the expectations we held.

One of the fastest ways to get happy and manifest solutions faster is to let go of your expectations of how you think it should happen. Let Universal Law connect the dots and figure out the when and how.

Your job is to focus on what you want. Believe and seek solutions. And let go of your expectations of how you think it should happen.

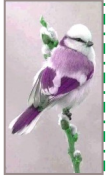
www.tut.com

Words of the Day...



**Stay 6 Ft Apart!
Stay Home or Close
to Home! Stay Safe!**

Bird-Watching...



Bird-watching is a popular hobby [these days!]. There are over 10,000 species of birds! They can be found all over the world, from the Emperor Penguin in Antarctica to the Puffin fluttering about the Arctic.

We're all aware of the largest bird on earth, the Ostrich—but what about the smallest? Diminutive in size, there are around 360 species of Hummingbirds.

~Mark Trail

LIFE IS...

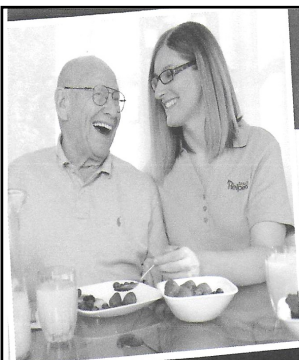
- Life is beauty, admire it.
- Life is a dream, realize it.
- Life is a challenge, meet it.
- Life is a duty, complete it.
- Life is a game, play it.
- Life is an opportunity, benefit from it.
- Life is a promise, fulfill it.
- Life is sorrow, overcome it.
- Life is a song, sing it.
- Life is a struggle, accept it.
- Life is a tragedy, confront it.
- Life is an adventure, dare it.
- Life is luck, make it.
- Life is Life - Fight for it.

~Author Unknown

We will always remember the year 2000 as Y2K. I guess 2020 will be remembered as Y2 PLY!!

Editor: Quila Bowlés
Editor retains the right to edit and make copy corrections as needed.

Proofreaders—this issue:
Susan Keltner, Connie Armstrong, & Mary Simpson



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Remember the 'Cracker Jack' Snack?



The snack memorialized by the song "Take Me Out to the Ball Game" (1908) was invented by German immigrant Frederick "Fritz" William Rueckheim and introduced at the 1893 Chicago World's Fair. Reuckheim's grandson was the inspiration for "Sailor Jack" on the box. The crunchy caramel-covered peanut/popcorn combo was a hit and has become an iconic ball-game snack.

~Parade, 05/17/20

'Brain Game' Challenge Answers...

Crazy Anagrams— Rearranged letters to make different words/phrases from those on Page 7!

1. DIRTY ROOM
2. BEST IN PRAYER
3. MOON STARER
4. THEY SEE
5. HERE COME DOTS
6. CASH LOST IN ME
7. ALAS! NO MORE Z'S
8. I'M A DOT IN PLACE
9. TWELVE PLUS ONE



GO WITH WHO YOU KNOW!
PRO MAINTENANCE CO., LLC
 BOBBY GANG



Personally servicing the highlands HOA clubhouse since 2007
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Highlands Handyman LLC

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Sponsors...



Karen Harris



**Ken Miller
& Associates**

503-608-0883
karen.harris@live.com

Client Testimonials

Dear **KAREN**, Thank you again for selling my house so quickly. I really appreciate it. You have no idea how much. We will stay in contact. All my hope and God's blessing.

Margaret M.

Dear **KAREN**: It was a pleasure working with you on the sale of the house. Your calm reserved professionalism has been very much appreciated.

Christina and Duane L.

KAREN I want to thank you for all you've done. I knew I chose the right person when I asked my neighbors and they said you'd be the perfect fit for me.

Don S.

Karen, you have a selfless heart. It is reflected in your approach as a sales professional. Kind regards.

Pat B.

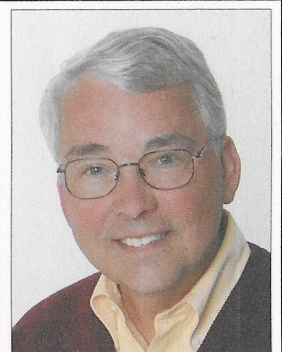
Good Things Ahead!

Market Update

June 2020

Recent Home Sales in Highlands

Type	Address	Bed	Bath	sq.ft.	Selling Price	\$/sq.ft.	Sales Date
HOUSE	16086 SW WIMBLEDON CT	2	2	1700	\$415,000	\$244	Sep-19
HOUSE	16117 SW REFECTORY PL	3	2	1624	\$415,000	\$255	Oct-19
HOUSE	12641 SW OVERGAARD ST	2	2	1304	\$388,000	\$297	Nov-19
HOUSE	16032 SW 130TH TER	2	2	1466	\$401,000	\$273	Nov-19
HOUSE	12554 SW PEACHVALE ST	2	2	1696	\$429,000	\$252	Nov-19
HOUSE	12730 SW DICKSON ST	2	2	1926	\$473,500	\$245	Nov-19
CONDO	16363 SW 130TH TER #96	2	2	1042	\$239,500	\$229	Nov-19
CONDO	16248 SW 130TH TER #24	2	2	1125	\$259,900	\$231	Nov-19
HOUSE	12748 SW DICKSON ST	2	2	1466	\$399,500	\$272	Dec-19
HOUSE	16333 SW 129TH TER	2	2	1705	\$411,500	\$241	Dec-19
HOUSE	16021 SW 130TH TER	2	2	1829	\$539,500	\$294	Feb-20
HOUSE	12831 SW PEACHVALE ST	2	2	1466	\$422,000	\$287	Mar-20
HOUSE	12741 SW OVERGAARD ST	3	2	1624	\$440,000	\$270	Mar-20
HOUSE	16308 SW 129TH TER	3	2	1652	\$438,000	\$265	Mar-20



Ken Miller, Founder and CEO

**Ken Miller
& Associates**

11725 SW Queen Elizabeth St. #A
King City OR 97224

503-639-0630
KenMillerAssociates.com

Statistical information obtained from public sources not guaranteed and should be verified.

We're a real estate brokerage of 9 Realtors specializing exclusively in the 55+ communities of Highlands, King City and Summerfield. Our brokers are active members of the communities we serve equipping us with insider knowledge and sensitivity to our neighbors and their families during important life transitions.

How much could your home sell for? Call us at 503-639-0630 to find out!

KC Highlands Calendar

JUNE 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	11 Condo Maintenance (canceled)	7 Bible Study (to be confirmed)	9:30 A/L Comm. Mtg (virtual--via Zoom)			
7	8	9	10	11	12	13
		10:30 Condo Landscape (canceled)		5:30 Condo Board Mtg (virtual--via Zoom)	2:30 Library Comm. Mtg (canceled) 7 Movie Night (proposed)	
14	15	16	17	18	19	20
 Flag Day		7 Bible Study (to be confirmed)	7 Highlands Travelers (virtual--via Zoom)	3 Clubhouse Interiors (canceled)		 IT'S SUMMER!
21	22	23	24	25	26	27
 HAPPY FATHER'S DAY		7 Finance Committee	6:00 Town Hall 6:30 HOA Board Meeting		7 Movie Night (proposed)	
28	29	30	Clubhouse Office Hours: Mondays & Wednesdays 9 am– Noon; Thursdays 1– 4 pm To protect Mabel, the Office Door will remain closed for the time being. Visitors are welcome to talk with her through the glass door. For changes: Please check the calendar on the Clubhouse front door window or watch for updates on Hi-Net.			
		 <i>Hoping for a Happy Summer</i>				

PLEASE NOTE: We still live in VERY uncertain times—any notations here are from group/committee requests as of our printing date. Scheduled meetings that cannot be in person may be held via online, or teleconferencing. Various activities will resume as the Community feels safe about having them. Feel free to use the calendar to fill in your own personal items and notes!