

Highlands Highlights



HOA Board Message

Submitted by Mike Dahlstrom, President

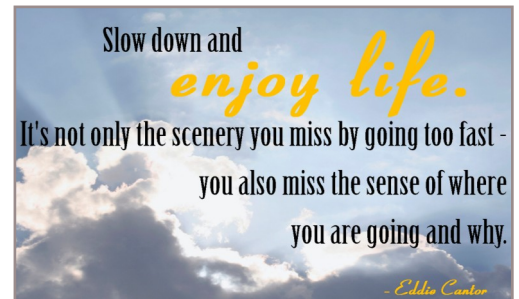
Regardless of the situation, a positive side can generally be found. As we all follow the Governor's advice for our, and our community's protection, we more clearly see our everyday heroes in action. We've become more keenly aware of our first responders as well as the store clerks, truck drivers, delivery folks, postal workers, and the multitude that are out every day to maintain a semblance of normal life.

we ever do without puzzles right now??), Quila Bowlés brings us information and humor in the *Highlights*, Pat Barcroft continues to support Hi-Net, and the Board continues to review incoming proposals and administer to the policy work. Although Mabel has been asked to work from home, she is in constant contact to ensure that bills are being paid, advertisers get their messages into the *Highlights*, and the business of the HOA continues.

We have those volunteers in our Community as well. Rob Mustard and company continue to lead the ALC to keep their work going, as well as managing the contractors keeping our Community beautiful. Jerry Crane has been amazing keeping Clubhouse maintenance contractors working to replace HVAC systems, putting in the new Clubhouse lighting, and rearranging the cleaning contractor's priorities to enhance Clubhouse cleanliness. These are volunteers working in public.

These are just a few of the many Community members stepping up during this challenging time. So, the positive side I see? We have incredible and dedicated volunteers that keep our Community moving forward. To all of you who are volunteering and contributing – **THANK YOU!**

We also have those working behind the scenes. The Library Committee is busy managing incoming books as well as PUZZLES (what would



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MAY Info

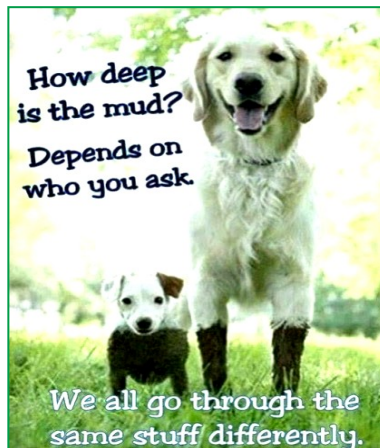
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Office Remains Closed until Further Notice

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During These Times...

As of this printing date, we doubt there will be many, if any, May meetings and activities. The Town Hall and HOA Board Meeting will be tentative.

Without direction from the State (or even clarity regarding threshold criteria to "reopen" some things), you've probably heard or read there is no way to anticipate how things will unfold for us, or anyone.



NOTE: SEE PAGES 6-8 — VARIOUS ITEMS...For IN THESE TIMES!

Condo Updates



Condo Board Message

Submitted by Sherry Kilpatrick, Chairperson

March and April have been very unique months for everyone to say the least! This year will not be forgotten.

Here in the Condos, folks have taken the recommendations of the government to heart. Thank you! This has been difficult for everyone here as we are a senior community, making us the most vulnerable to the virus. Everyone has done remarkably well with social/physical distancing. I hear people are checking in on one another to offer help and make sure your neighbors are OK. We have the BEST neighbors and Community!

The April 9th Condo Board Meeting was canceled due to the virus. However, on April 10th via e-mail, the Board did approve the contract with Pro Maintenance for window washing. A modified version of the North End Enhancement Project was also approved. We reduced the number of plants to make up for the extra cost for hand weeding and moss removal in February.

Additionally, garage door frames were replaced for Units 78 - 90 & 103 -124.

The dryer vent cleaning project was done on April 9th and 10th and was a big success. We had 30 downstairs units cleaned by Cloud 9. A number of owners gave me very positive feedback on the work. We would like to repeat this offer later in the year for the downstairs units who chose not to have it done right now due to 'distancing.' If you are interested in having this done, please contact me to get on the list. Do mention this opportunity to your neighbors. One Owner did not know this was happening and almost missed out.

Bark dusting started on April 13th. It was noisy, but the end result is that our grounds look wonderful !

Keep up your social/physical distancing and stay healthy.

HAPPY SPRING!

May there be new beginnings that appear from the times that we're currently in...

~Author Unknown



Red Lotus

Condo Deck Repairs

Submitted by Zoe Allen

As this is written, your Board of Directors is planning to have nine more decks repaired this summer. In fact, right now it seems likely that the project will start around June 1st. If the past is precedent, the time frame to completely replace/repair nine decks will be at least six to eight weeks. There are many variables, including weather and availability of all the needed materials, that may delay work. Residents' patience will be required.

All Residents affected by this work will receive a letter a couple weeks in advance with instructions and expectations. We have been assured that all Covid-19 precautions will be taken by the contractor's employees and our construction consultant. We, of course, expect Residents to take the same precautions.

The units' decks for repair this year are: 35, 38, 66, 78, 89, 94, 102, 120, 124.

OLD Highlands Directories



Some **old** (2019 or prior) Highlands Directories were found in a Condo waste container last month.

Please either shred your old Directory or put it in the recycle box at the Clubhouse!

We do not want all our private Directory information released outside of our Community to the general public.

Anyone else's car getting 3 weeks to the gallon at the moment ?

Condo Streetlights



Reminder: *Submitted by Sandy Bergeron*

We're lucky to have Shel Siegel to change our Condo burned out streetlights (the ones on 130th Terrace and within the Condo property boundaries) and building entry light bulbs inside and out. You may contact Shel by e-mail (preferred) at slsbjs@yahoo.com and please give enough detailed information so there doesn't need to be a lot of back and forth messages.

Reporting of this can be made directly--it doesn't have to be done by a Neighborhood Watch Captain, as some of us are not out and about at night to see if there's a 'light problem.' Anyone that notices a light out can e-mail Shel.

HOA & Activity Updates



One man's answer to 'Poker Night'!

NEW CLUBHOUSE LIGHTING

Contractors installed new ceiling lights in the Clubhouse on April 16th and 17th. All the fluorescent lights were replaced due to their age and need for maintenance. They started in the Library on Thursday morning—thanks for Residents understanding if they needed to come back later with books and puzzles. Otherwise the Clubhouse was open.

Per one Resident: "They look great and the lighting in the Library and Boardroom is so much better. Thank you, Jerry, for initiating this project and getting it done!"

Clubhouse Interiors

Submitted by Jo Hendrickson, Chair



Like other committees and activities at the Clubhouse, the Clubhouse Interiors Committee is on hiatus for the time being.

With reduced home sales during this pandemic that directly affects our Reserve Fund, which is the source for all capital improvements, it has been decided that the bathroom remodel will be placed on hold. There are other essential projects which will take precedence for our reduced Reserve Fund this year.

We hope everyone is staying safe during these unprecedented times.

Highlands Travelers

Submitted by Wendy Gardner



Everything You Always Wanted to know About Travel, but were afraid to ask...

As it was prudent to not gather in either March or April, please join me in welcoming Marcia Lynn Miller of **You Go Girls**, who has agreed to come on **Wednesday, May 20th at 7:00 pm [tentative date]** in our Clubhouse Boardroom.

Marcia has a passion for travel originating from childhood road trips in her grandfather's car with no seat belts or air conditioning. Time spent studying Spanish in Mexico at the age of 15 and a semester in Austria during college, served to encourage her wanderlust. Collecting some 70 countries' stamps in her passport keeps her in a state of perpetual motion and a frequent state of jetlag. Ironically, she married a man who does not share her love of travel. Along the way, however, she has become an expert at all things travel related. Her professional yet casual and easy-going manner has been a gift to the many who have discovered her travel tips and secrets! When she is not traveling, she, her husband, dog, and cat, make homes in Portland, Oregon and in a central Washington vineyard.

If "social/physical distancing" is still a part of our lives, we will postpone this presentation yet again. RSVP to wendyardner2014@att.net, by phone at 818-807-7063 by Tuesday, May 19th.

There MAY be Movies for MAY...

Submitted by Nancy Crandell

...If so, they will be the 3rd and 5th Fridays at 7:00 p.m. if we can maintain physical distancing requirements. Watch Hi-Net postings for confirmation or cancellation, and let your neighbors know.

The plan: 3rd Friday—"Keeping the Faith" - This is the story of two lifetime friends who are reunited with their childhood tomboy girl friend, and the friendship develops into a love triangle.



5th Friday—"The Yellow Rolls-Royce" - An all-star cast traces the evolution of a classic "yellow Rolls-Royce" as it passes from one owner to another, each with their own story. Passion, intrigue, adventure, love...everything happens in this automobile!



When you help someone, you make them feel good, but you make yourself feel even better.

WWW.LIVELIFEHAPPY.COM

Book Club

Submitted by Judy Sutton



Our Book Club meeting canceled in April could not be rescheduled at this time, and all meetings are canceled until further notice. We do hope we can reconvene soon! Watch for future announcements. Questions—contact Judy at (503) 639-1752.



Community Messages

New Highlands Directories

Submitted by Mike Dahlstrom



In case you hadn't heard—the 2020 Highlands Directories are here!

Please come to the Clubhouse to pick up your Directory in the Clubhouse Entry Hall. If a Resident knows of a neighbor who is unable to come in, you are welcome to pick up one for that person.

There is a sign-out sheet near the box of new Directories. Come in at your convenience to pick up your Directory, and sign by your name and the name of a neighbor for whom you are picking up one. **Note: No pen/pencil is available at the sign-out table. PLEASE bring your own pen/pencil for signing when you pick up your Directory.**

Please use the recycle box put there for your old Directories (don't forget to check all those notes you wrote in your old one!!).

Please be courteous and adhere to 'physical distancing' if you encounter other Community members.

The boxes were wiped down with Chlorox wipes.

A Message from Elsa Mann's Family



Greetings and Happy Spring!

We were planning a Celebration of Life for Elsa Mann on May 15, 2020, but we are sad to announce now that the memorial service for her will be postponed. Like millions of others in this situation, we cannot justify planning any group events in the foreseeable future.

Mom kept telling me that she didn't want a memorial service when she was gone. Well, mom, you have it your way...for now! Once the country is on the road to recovery, we'll look at scheduling another time for those that wish to gather to celebrate her life.

I know we are all individually rejoicing in having known mom and feeling gratitude for having shared in her life. In that love, we are all joined.



Blessings to you all!

Pamela Mann Rude and David Timothy Mann

After years of wanting to thoroughly clean my house but lacking the time, this week I discovered that wasn't the reason.



Someone toilet papered our house last night. It tripled our property value!

~Author Unknown

Legends Say...



...that Hummingbirds float free of time, carrying our hopes for love, joy, and celebration.

The Hummingbird's delicate grace reminds us that life is rich, beauty is everywhere, every personal connection has meaning, and that laughter is life's sweetest creation.

~Papyrus

Yard Signs and Solicitations Reminders

Submitted by Mike Dahlstrom



It's that time of year again when Community members want to support a political candidate or their favorite contractor working on their property. This is a reminder that **all yard signs are prohibited under the CC&R's Article VI, Section 5** except for property sale or rent.

Here is the language:

Section 5. Signs. No signs shall be erected or displayed on any Lot, Living Unit, or any other portion of the Property without the prior written permission of the Board; provided, such permission shall not be required for one (1) sign no larger than six (6) inches by twenty-four (24) inches displaying the name and/or address of the occupant, or one (1) temporary sign no larger than eighteen (18) inches by twenty-four (24) inches advertising the Lot or Living Unit for sale or rent, which shall be removed upon the sale or rental of the Lot or Living Unit. Permission shall be denied based on aesthetic considerations only and permission may not be withheld or given based on the content of the sign.

If you need to review the CC&Rs, go to www.highlands55.org, then Resident Services/Governing Documents.

It's also that time when political pollsters may start canvassing. Although the HOA has a "No Solicitation" rule (enforced under the King City Municipal Code Chapter 508 http://www.ci.king-city.or.us/government/municipal_code/index.php), it only applies to commercial ventures, businesses, and for-profit organizations. Under the U.S. First Amendment, politicians, religious organizations, and non-profits (think, Girl Scouts) can go door-to-door as a freedom of speech.

If you post a "No Solicitation" sign on your door however, it is enforceable for everyone – they are now on your private property. And please remember, be cautious if you decide to answer the door.

Community Messages

Your Neighbors Passing Time...

I've cleaned my kitchen cupboards, utility room, and linen closet, and have started a new scrappy quilt. I make cinnamon rolls for my family and had band conferences on ZOOM in lieu of rehearsals.



~Suzanne Short

I am reading, working a 1,000-piece puzzle, working in the yard when it's nice out, taking walks around the neighborhood, texting/talking to friends by phone, doing cross stitching, practicing the piano, and doing chores. Not exciting, but wiles away the hours. ~Pam Wack

I'm doing many jigsaw puzzles—haven't worked one for decades—I had forgotten how focused and involved I can get in them, wiling away hours at a time.

~Barbara Clausen

I'm not home (retiring 6/30/20 can't come soon enough) so I report to work at the bank each day. I enjoy keeping everyone's money safe & available should you need it.

~Brenda Woodley

I've been cleaning cupboards/drawers that get stuff thrown into them, exercising with videos on TV from free-to-me, and walking every day with my husband, even in the rain! In the sun, we are out fiddling in the yard!

~Fran Hardiman

We have cleaned out cupboards/closets practicing Marie Kondo's methods. We play Five Crown, Mexican Train, and Chinese Checkers. Another project—I'm updating/rewriting my address book. Yes, some of us "experienced seniors" still use them! May also clean up my computer. Making this 'lockdown' productive and fun.

~Linda & Don Etzel

My "go to" is having a plan: knit, read, play solitaire, and walk at least once a day. If I can't walk outside twice, then I do an exercise walking-type video via TV. Overwhelmed with too much news, I prefer to not turn the TV on until about 5 p.m. ~Cheryl Viale

Cont'd on page 8

**GOOD THOUGHTS
ARE BEING SENT
FOR EVERYONE TO
STAY HEALTHY
AND SAFE!**

Always *pray* to have eyes that see the **best**, a heart that *forgives* the worst, a mind that *forgets* the bad, & a soul that never loses **faith**.

WWW.LIVELIFEHAPPY.COM

Bible Study Message

Coronavirus, or Submitted by Ron Willis
no – That is the question. The nation, and the world, is wondering day-to-day if they have been exposed to, or possibly are exhibiting, symptoms of COVID-19. The problem is, we have never been under such stringent rules to control a virus. This has, to some, resulted in debilitating emotional reactions such as anxiety, fear, frustration, anger, even loneliness—due to the 'lockdown.'

The church is experiencing increased inquiries as to how to thrive and survive through this current crisis. The Scriptures are where we turn when seeking answers to life and living—especially during overwhelming events such as this. Here's just one verse that explains God's faithfulness to us.

Isaiah 43:18-19, "Do not call to mind the former things, or ponder things of the past. Behold, I will do something new, now it will spring forth; will you not be aware of it? I will even make a roadway in the wilderness, rivers in the desert."

God in His sovereignty is aware of the crises we encounter from time to time, even now. He promises to make a way for us to get through this problem—a new way to comfort and encourage all who are in distress.

A few **Psalms** to do just that:

8 – Praise for man's glory and status in God's sight; **16** – Praise for joy and security of the righteous; **24** – The earth belongs to the King of glory; **29** – God's power and glory; **33** – Sing praises to God for His power, purpose, and love; **67** – Praise and prayer for God's blessings; **68** – Praise for a God of power who cares about individual problems; **103** – Praise for a compassionate God.

These are just a few encouraging Psalms to help us all cope as we focus on a God who has made a way. Please feel free to share these and many other encouragements from God's word.

Blessings, Prayers, Peace, and Safety to all.



As Valued Community Volunteers Step Down...

...There is a need for Submitted by Mike Dahlstrom
others to fill the gap. Our Finance Committee Chair, Bill Beecroft, is stepping down at the end of June after providing more than nine years of incredible service to our Community. If you have experience or interest in the HOA's finance spending and monthly review, PLEASE consider volunteering. The Finance Committee reviews the HOA's revenue and expenses on a monthly basis providing an invaluable service. Should we not have this Committee, we will pay for outside services which also increases our Annual Fee for Operations.

We will never replace Bill's contributions, knowledge, and dedication. **Thank you, Bill**, for all you do and have given to the Community! If interested, please reach out to a Board Member.

Community — In These Times...

Stir Crazy? Think Like an Astronaut

Isolate at home? Then train like an astronaut! That's the inspirational advice from a public engagement specialist at NASA's Jet Propulsion Laboratory in Pasadena, CA.

Astronaut wanna-be, Rachel Zimmerman-Bachman, said that isolation is a lot like astronaut training. So, she came up with this positive message and launched it via Facebook: *"Attitude is everything: I'm on an adventure in a confined space with a small crew for a long-duration mission, with occasional space walks and resupply missions. Sounds like astronaut training to me."*

She immediately thought of friends who have lived in simulated Martian habitats and taken part in other long-duration isolation studies, once the coronavirus outbreak hit the U.S. and space program employees like herself were urged to work from home. Her 14-year-old son is home, too, in Sherman Oaks, CA, dealing with schoolwork.

"Life is a combination of what happens to you and what you do about it. We're going to be at home for a while, so we may as well make the best of it", she wrote via e-mail.

"I hope other people will be inspired to have a positive attitude during this challenging time and find a way to find silver linings in the current situation. We're all in this together."

Zimmerman-Brachman, a long-time JPL employee with degrees in physics and space studies, said she's wanted to be an astronaut since childhood. She's applied four times through NASA and the Canadian Space Agency. (She has dual citizenship.)

~Marcia Dunn, AP,
via *The Oregonian*

'Seniors Physical Distancing'...

Physical distancing has amplified the risk of social isolation. We [in our Community] are in the age-range group of seniors that are especially vulnerable during these difficult times (from AARP.com).

Also reported on kaiserpermanente.org: *"If you stay home and practice 'physical distancing', you can help slow the spread of COVID-19 and save lives. What happens tomorrow depends on your actions today..."*

So let's call it "physical distancing"--NOT "social distancing"-- we all need to keep as much of the "social connections" as we can, and not distance, or isolate, ourselves socially.



REMINDER: **DO THE FIVE**

- HANDS—Wash Them Often
- ELBOW—Cough Into It
- FACE—Don't Touch It
- FEET—Stay At Least 6 Feet Apart
- FEEL SICK—Stay Home

Help Stop the Coronavirus



Safely Handling Delivered Items

There has been shared information about whether you should eat take-out. The answer was aimed at sharing that contracting COVID-19 through food is unlikely. Here is some additional safety information about how to handle packaging from take-out food or other items that may be delivered to you.

How to Safely Accept Deliveries at Home

Limit in-person contact. Stay at least 6 feet away from others.

- ◆ Pay online or by phone when ordering, if possible.
- ◆ Accept deliveries without in-person contact, whenever possible. Ask for deliveries to be left in a safe spot outside your house. Otherwise, stay at least 6 feet away from the delivery person.

Wash your hands or use Hand Sanitizer after accepting deliveries or collecting mail.

- ◆ After receiving your delivery, bringing home your take-out food, or collecting mail – wash your hands with soap and water for 20 seconds or use hand sanitizer with at least 60% alcohol.

~healthoregon.org/coronavirus



Physical Distancing Pros!

*You is kind.
You is smart.
You is important.*



Message to 'Self'...

- You're special enough,
- You're beautiful enough,
- You're playful and fun enough.
- You've worked enough.
- You've cried enough.
- You've been grateful, generous & kind enough.

Community — In These Times...

Safety at the Grocery Store

While everyone is doing their best to stay home to save lives, getting groceries is one activity for which most folks need to leave their homes. Some tips for protecting ourselves and the health of others when shopping:

- ◆ Stay at least 6 feet away from others while shopping and in lines.
- ◆ Cover your mouth and nose with a cloth face covering when you need to go out, and don't touch your face.
- ◆ Go during hours when fewer people are shopping. If you're at higher risk, shop at stores with special hours for seniors, and people who have underlying conditions.
- ◆ Disinfect the shopping cart, use disinfecting wipes if available.
- ◆ If possible, use touchless payment. If you must handle money, a card, or use a keypad, use hand sanitizer.
- ◆ Use hand sanitizer when you leave the store and wash your hands for at least 20 seconds with regular soap and water when you get home.

~healthoregon.org/coronavirus

Ideas for Getting Through These Weeks

- ◆ Maintain human connections — check in with family, friends, and neighbors.
- ◆ Create stability — cling to the rituals and habits that were helpful to you before this time.
- ◆ Focus on what you can control—do things like cleaning, organizing. Or try something new—a hobby or interest you've wanted to try.
- ◆ Get outside in the garden or go for walks while keeping 'physical distance' guidelines. Go for a long drive.
- ◆ Edit your media input —we become what we concentrate on—be mindful of where you put your focus.
- ◆ Think of time not as a challenge, but as a possibility. How can you move forward, change, adapt.
- ◆ Choose joy— make a list of what you can enjoy— do what you can to make yourself happy —count your blessings!

~In part, from Rachel Hollis
American Author, Motivational Speaker

Virus Info Resources:

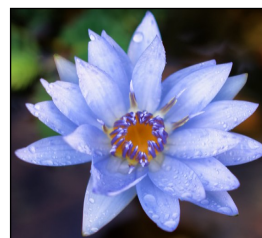
- <https://www.cdc.gov/coronavirus/2019>
- <https://www.who.int>
- <https://www.oregon.gov/oha>
- <https://www.co.washington.or.us/covid-19>
- <http://www.ci.king-city.or.us/>
- <http://www.kccforegon.org>
- <https://www.tigard-or.gov/corona/>
- <https://www.pbs.org/newshour>



Beware of COVID-19 Scammers

Scamming is particularly lucrative in times of international crises. Contacts from scammers can come through phone calls, text messages, and e-mail messages. A few cautions:

- ◆ Submitted by Mike Albright
- ◆ Anyone who claims to have a "cure" for COVID-19 is a scammer. No legitimate cures currently exist. Offers for vaccinations and home test kits are bogus.
- ◆ You will receive your stimulus payment directly from the IRS, either through direct deposit or a check. No action is necessary on your part. Phone calls or e-mail solicitations regarding your stimulus payment are scams.
- ◆ Any e-mail message or call claiming your Social Security benefits will be reduced or delayed because of COVID-19 unless you provide banking info is a scam.
- ◆ Unsolicited e-mail messages claiming you are eligible for loans, grants, or any other form of financial or medical handout if you provide banking information are scams.
- ◆ Beware of charity scams—know exactly to whom you are contributing your money.
- ◆ Also beware of shopping scams. Scammers are setting up fake stores to sell items that are in high demand like TP, hand sanitizer, masks, and rubber gloves. Buy from businesses you know and trust.
- ◆ Do not open e-mail attachments or click on links purportedly from health-related organizations unless you know and trust the sender. They may contain malware.



Lotus of Compassion

***Sharing miracles
- At a Distance -
with friends and
loved ones
makes an
ordinary event
extraordinary.***

~Author Unknown

Community — In These Times...

If You're Out...Spread Out!

Dawn Mautner, MD, Senior Health Advisor at OHA, had a great way of describing how to enjoy the outdoors right now; "If you go out, spread out." When enjoying the beautiful weather, please remember to remain at least 6 feet away from others. Below are a few other useful do's and don'ts:

Although the weather is nice we still need you to stay home and limit travel to essential trips

Do...

- If you're able to maintain social distancing, enjoy outdoor areas of your residence.
- Enjoy solo physical activities or those with members of your immediate household such as walking, biking and running.
- Have a virtual picnic with friends.
- Get things done at home such as gardening or washing your car.
- Open doors and windows to get fresh air while remaining inside.

Don't...

- Participate in group sports.
- Visit crowded parks.
- Attend social gatherings.
- Travel.
- Go out if you're sick.



For more information visit healthoregon.org/coronavirus or call 211



Slowing Down...



So many folks say they're "so busy" and now they have been forced to slow down. Here's your moment. Use it wisely. Be intentional. Stay home. Clean a closet. Paint a room. Spend time just sitting and talking.

~Author Unknown

Cont'd from page 5

Ponder This... Is It OK to laugh now?



The coronavirus and its wake are clearly no laughing matter, but many are finding 'punch lines' out there. Comedians Norm Macdonald and Patton Oswalt attempted to bring levity to the situation weeks ago.

Comic and author Cameron Esposito says, "It is always OK to laugh," even now. For her, determining what's off-limits is more "about cruelty, not whether or not the topic can be funny at all."

Peter McGraw, Behavioral Economist and Director of the *Humor Research Lab* at the University of Colorado Boulder, agrees that humor can help us, but sensitivity should be exercised. "It's easy to make jokes about getting to the end of Netflix because you're quarantined. It's another thing to make jokes about a lack of respirators," he says.

McGraw also says that while there is some "mild" physical benefit to laughing, **it's the positive emotions that humor triggers that do us good** because they're "incredibly important for our health and well-being."

Happy feelings can help our immune systems thrive, he says, plus "It's actually easier to solve problems when you're in a positive mood."

Maybe most importantly, laughter can help decrease fear. McGraw references the benign violation theory to explain how joking about something as awful as the coronavirus pandemic can be beneficial. The theory describes a violation as "anything that threatens one's beliefs about how the world should be." In order for a violation to become humorous it needs to be viewed as not harmful.

~www.usatoday.com

Neighbors Passing Time...

We're new to KC Highlands and love our new Community! I'm a quilter so being confined to my quilt room, with nowhere else to go, is wonderful! I have made surgical masks for the cardiac catheter lab at St. V's, and am finally getting two senior quilts made for my granddaughters!

~Nancy Wollmuth

Have not done the Wii game forever. My first throw was a strike...it went downhill from there.

~Linda Ray-Keeney

I'm finally nearly finished painting my kitchen cabinets—having taken a long time since I'm a great procrastinator, taking long breaks between each section. No excuses now—I look forward to a job well done and finished! Thanks, Quila, for your funny contributions.

~Nancy Crandell

Settled in and sewing masks for family, friends, and medical personnel who need them. It helps to do something—anything.

~Pepper White

My 'saving grace'—working on the *Highlights!* Doing projects that I have procrastinated on; sharing "funnies" with others; doing Sudoku, jig-saw puzzles, coloring, watching DVDs and old sit-coms, and keeping in touch with friends.

~Quila Bowlés

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• **Editor's Note:** Thanks to all who responded to "Passing Time!" Some editing done in order to include everyone.
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...Of Interest & Sponsors



*No matter how things appear,
nor how humbling a task,
always—kindness prevails.*

~Author Unknown

History of Jigsaw Puzzles—The Beginning



The origins of jigsaw puzzles go back to the 1760s when European mapmakers pasted maps onto wood and cut them into small pieces. *John Spielsbury*, an engraver and mapmaker, is credited with inventing the first jigsaw puzzle in 1767.

The dissected map has been a successful educational toy ever since. American children still learn geography by playing with puzzle maps of the United States or the world. The 18th century inventors of jigsaw puzzles would be amazed to see the transformations of the last 250 years. Children's puzzles have moved from lessons to entertainment, showing diverse subjects like animals, nursery rhymes, and modern tales of superheroes.

But the biggest surprise for the early puzzle makers would be how adults have embraced puzzling over the last century. www.puzzlewarehouse.com

Some Feel-Good Movies to Brighten Your Day ...

As Good As it Gets	Homeward Bound:
Babe	The Incredible Journey
Big	Hope Floats
Chitty Chitty Bang Bang	Indiana Jones films
Emma	Jerry Maguire
Ferris Bueller's Day Off	The King's Speech
Free Willy	Love Actually
Good Will Hunting	Miracle
Groundhog Day	Mr. Holland's Opus
Hairspray	Mrs. Doubtfire
Hello, Dolly!	Wonder

Ben Flanagan, Alabama Media Group
VIA *The Oregonian*, 3/29/20

A 'Brain Game' to Play...

Look at the chart below and say the **COLOR** not the word

YELLOW	ORANGE	BLUE
BLACK	GREEN	RED
YELLOW	PURPLE	RED
ORANGE	GREEN	YELLOW

Left-Right Conflict

**Your Right Brain Tries To Say The Color But
Your Left Brain Insists On Reading The Word**

Client Testimonials

Dear **KAREN**, Thank you again for selling my house so quickly. I really appreciate it. You have no idea how much. We will stay in contact. All my hope and God's blessing.

Margaret M.

Dear **KAREN**: It was a pleasure working with you on the sale of the house. Your calm reserved professionalism has been very much appreciated.

Christina and Duane L.

KAREN I want to thank you for all you've done. I knew I chose the right person when I asked my neighbors and they said you'd be the perfect fit for me.

Don S.

Karen, you have a selfless heart. It is reflected in your approach as a sales professional. Kind regards.

Pat B.

Good Things Ahead!

Karen Harris



**Ken Miller
& Associates**

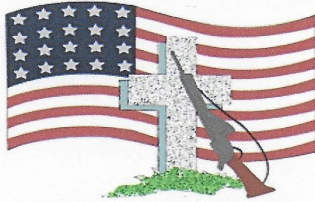
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ALL GAVE SOME, SOME GAVE ALL

Memorial Day, May 25, 2020

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Kris Simpson

Oregon Principal Broker
Owner

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Dear Neighbor, Sometimes it's hard to know what comes next.

In life. In golf. In buying or selling a home. That's why we're here.

And we mean here. Because knowing what comes next comes naturally when you're next door.

This stage of life we're in is about having fun - and having perspective. Knowing what to do when something goes wrong. When things go off the rails. When the health and well-being of your loved ones can fluctuate a little more than it used to.

We're your neighbors. We live down the street. Golf the same links. Walk the same paths.

And love the same community you love

We're here for you and your family. To help you through the tough decisions, so that you can enjoy the things you love about living here. The reasons you moved here in the first place.

So call us up when you want a friend to play bridge with. Or need someone to feed your cat in a pinch.

Or need someone to help you figure out what's next.

On the surface we may look different, but remember we are still the same company you have always counted on!

Good things ahead.

vicki.kenmillerassociates.com

503-730-0870

Oregon Licensed Real Estate Principal Broker



Vicki Miller

**Ken Miller
& Associates**

Sponsors...

Dear Neighbor, sometimes it's hard to know what comes next

- In life
- In golf
- In buying or selling a home
- That's why we're here

- And we mean here
- Because knowing what comes next comes naturally when you are next door

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- When things go off the rails
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- Walk the same paths

- And love the same community you love

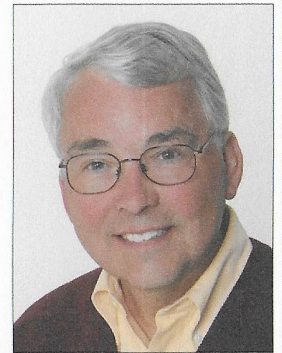
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- Good things ahead



Ken Miller, Founder and CEO

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May Holidays & Sponsors...



Remember the May Holidays...

May Day — is a **May 1st** celebration, first held in medieval and modern Europe for the return of spring. The observance probably originated in ancient agricultural rituals, and the Greeks and Romans held such festivals. Throughout the years, there have been many different events and festivities worldwide, most with the express **purpose** of welcoming in a change of season.



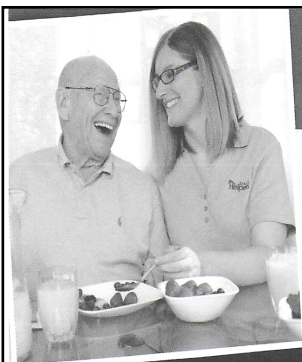
Mother's Day — Mother's Day is always celebrated on the **second Sunday in May—this year, on May 10th**. It's not a federal holiday, but Mother's Day is widely celebrated as a special day to honor all mothers of the family as well as motherhood, maternal bonds, and the influence of mothers in society. Let's honor the women who raised us—and all the mothers who sacrificed for their children.



Armed Forces Day — Armed Forces Day is celebrated on the **third Saturday in May**—this year to be on **Saturday, May 16th**. Thanks to President Harry S. Truman, it's a day to pay special tribute to all the men and women of the Armed Forces. Parades, open houses, receptions and air shows were held at the inaugural Armed Forces Day, and it was also a day for the military to show state-of-the-art equipment to Americans.



Memorial Day — This U.S. Federal Holiday is observed on the **last Monday of May**. This year, it will be observed on **Monday, May 25th**. The purpose of Memorial Day is to honor the men and women who made the **ultimate sacrifice** for their country. We spend time remembering those who lost their lives and could not come home, reflecting on their service and why we have the luxury and freedom that we enjoy today. We might consider how we can support and safeguard their grieving families and loved ones who are left behind.



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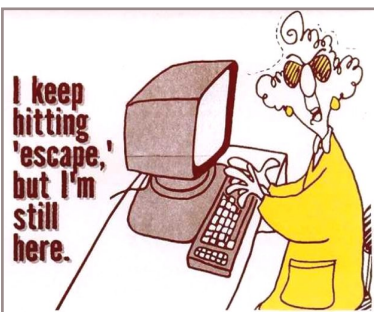
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Words of the Day...

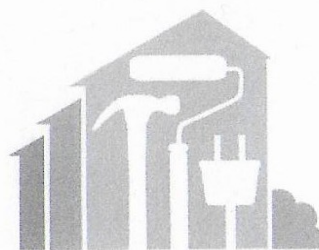
Stay Home & Limit Trips Out!
If Out, Spread Out!
Stay Safe and Save Lives!



Editor: Quila Bowlés
Editor retains the right to edit and make copy corrections as needed.
Proofreaders—this issue:
Susan Keltner, Connie Armstrong, & Mary Simpson

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Ron Nixon, Owner



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