

Highlands Highlights



King City Highlands Homeowners Association (503) 684-8294

NOVEMBER 2019

HOA Board Highlights

Submitted by Steve Hall, HOA President

CONTENTS

HOA Board Highlights & HOA Board Elections	1
Condo News	2-3
HOA Committee Reports	4
Special Events	5
Activities	6-7
Announcements & Community Info	8-9
From the Wider Community	10
Items of Interest & Sponsors	11-12
Sponsors	13-15
Highlands Calendar	16

Friends and neighbors, as I write this, we come up on a year serving as your HOA President. In that year together, we have accomplished a number of projects and changes that leave our Community stronger. Four achievements are stand-outs. First, we have set up Office 365 and a framework where the business of the Community is no longer conducted on personal e-mail accounts. We now have roles for President, Secretary, Treasurer, and the two Director positions. We have set up document storage online, getting HOA documents off personal machines and onto reliable storage. We have groups configured for A&L, Finance, and Board members—where individuals can organize and collaborate on documents and budgets. This is an important achievement, as it provides for continuity by allowing new volunteers to simply assume their role by changing a password. Second, we fully funded the kitchen project to bring it to completion. A small additional investment of \$6,000 allowed the Community to remove the risk associated with splitting the project over two budget cycles while leveraging personal relationships to secure significant discounts that are no longer available to the Community. The kitchen project cost less than \$20,000 and was in-

stalled with volunteer labor. That is an outstanding accomplishment at an astonishingly low cost. Third, we have stopped e-mailing our financial statements to help protect the HOA from being a victim of fraud. Fourth, we have set aside \$200,000 in our Reserve Account to cover the high deductible and other costs that the Community would have in the event of significant earthquake damage. This helps protect each of us from economic uncertainty.

This will be my final post as your President. Don and I plan to sell our home in KC Highlands, most likely by Spring. Accordingly, I believe it would be disingenuous to continue in my role, while knowing that I really don't have any skin in the game. Accordingly, by the time you read this I will have informed the Community that I will not continue to serve on the Board. Thank you to all of you who offered a supportive note or a nudge in the right direction. Finally, I am certain that the Community is strong, resilient, and desirable—sometimes a bit contentious. I encourage everyone to take a breath, work constructively with the new Board, and assume positive intent.



NOVEMBER CONTACT INFO

Regular Office Hours:

Monday 9 a.m. – Noon
 Wednesday 9 a.m. – Noon
 Thursday 1 - 4 p.m.

Office E-mail:

office@kchighlandshoa.com

Community E-mail:

hinet@kchighlandshoa.com

Website:

www.highlands55.org

HOA Board Elections Update

Submitted by Mary Anderson

The **Meet the Candidates** session is scheduled for **Monday, November 4th at 7:00 p.m.**—refreshments will be served. Candidate biographies have been inserted into the November *Highlights*. We strongly encourage Highlands Residents to attend the session to show support and speak with candidates on an informal one-on-one basis.

CMI (Community Management, Inc.) is mailing ballots to all Resident Owners of record (Condos and Houses) starting late in October. It's important for you to complete and return the ballot so your vote can be counted. **Snowbirds**, contact CMI at (503) 233-0300 and request an absentee ballot; please complete and return the ballot *promptly* so as to allow enough mail time to be received by CMI's office prior to the Annual Meeting. **Local Residents** may either mail their ballot to CMI or bring it to the Annual Meeting to place their vote.

The **King City Highlands HOA Annual Meeting** and elections for the open Board positions will be on **Thursday, November 21st** at the Clubhouse, starting at 5:30 p.m. with an Open House and light buffet. *CMI will start sign-ins at 6:30 p.m.*

Help keep KC Highlands an attractive & livable community...YOUR VOTE COUNTS!



Condo News



Condo Board Highlights

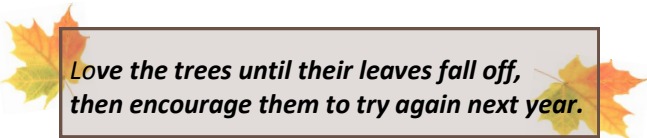
Submitted by Ed Salzman, Chair, Highland Park Board of Directors

The monthly meeting of the Condo Owners Association (COA) Board was held Thursday, October 10th.

Year 2020 Budget—The COA Budget for 2020 was presented to the Board of Directors at its meeting, and here's the good news: There will be no increase in the monthly dues in 2020. The budget was developed by Treasurer Wayne Staley and Finance Committee Chair Zoe Allen, and approved by the Board at the October Board Meeting.

Major maintenance projects in 2020 include repairs to nine more decks, replacement of the door trim on the 35 remaining garages, drainage projects etc. Funds are included for new handles and locks for the buildings' front doors, but next year's Board of Directors will determine whether that project will proceed.

Veterans Administration Mortgages: The Board voted at its October meeting for the Association to obtain certification for Veterans Administration (VA) mortgages. This is done through a process designed to show the VA that our Association is fiscally sound. The cost to the COA is \$599. Once approval is granted, Veterans will be able to obtain VA mortgages without providing the 20 percent down payment typically required for conventional loans. The main benefit to Condo Owners is that there will be a larger pool of potential buyers when they put their units on the market.



Updates...

- ◆ **No-smoking by-law.** By the time this newsletter is distributed, the No-Smoking By-law should become operative. There was a delay caused by a glitch in submitting the legal documents to the County.
- ◆ **New nameplates have arrived.** Pro Maintenance was given the go-ahead to install new doorbells and nameplates.
- ◆ **Weed Control.** A bid from Pro Maintenance (Bobby Gang) to do the necessary weeding by hand in 2020 was accepted. Brightview submitted a new lower three-year contract offer without weeding, and it was accepted by the Board.

Please see the Landscape Committee report for further landscape details.

The next Condo Board Meeting will be Thursday, November 14th at 5:30 p.m.

Creating A Haven in Your Home...

Some Condos may be smaller than a "regular house," but they are still our homes! We can get so busy, but it's important to take time to relax and recharge. It helps to have a serene space that lets you connect with the senses and be mindful of the present. A few tips to help do this:

- ◆ See things and circumstances calmly.
- ◆ Neat decor provides a peaceful feeling.
- ◆ Colors in blues, greens, and grays, plus some whites and beiges, help set a tranquil tone.
- ◆ Any kind of greenery is soothing—visually and aromatically.
- ◆ Hear the quiet—turn off the electronics, TV, outside noise for a while, or just have soft music at low volume, and maybe candles lit.
- ◆ Nothing says relax like having a cozy throw blanket around you, in amongst oversized pillows to lean, or lay on.

Most importantly, take time for yourself—the above things more easily draw us inside now that winter weather approaches.

~from *American Dreams*, AFI

Thanksgiving dinners take 18 hours to prepare. They are consumed in 12 minutes.
Half-times take 12 minutes.
This is not a coincidence.

—Erma Bombeck

Jot It Down...

First, note your calendar for the November COA Board Meeting (Thursday, the 14th), as it is our last meeting of 2019—there is no meeting in December. **So, please attend!**



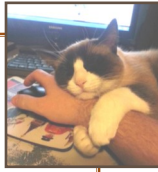
Second, it's not too soon to be thinking about being a candidate, or have someone in mind, for the 2020 Board of Directors. There will be two open positions, both two-year terms, for the new Board. They are elected and announced at the Highland Park Condo Owners Association Annual Meeting in February.

Condo News



If you want to feel rich, just count the things you have that money can't buy.

~Author Unknown



Annual Reminder...



Every year in November we ask Owners with a turnoff valve inside their unit to turn off the water to the outside hose spigots. However, please don't do this until the entryway carpets have been cleaned (usually around mid-November).

We will send out a property e-mail when the buildings' entryway carpet cleaning has been scheduled.

A 'Celebrity' Among Us!



Did you know that Dolly Bailey, who lives in one of our Highland Park Condos, was featured in *The Regal Courier's* October issue? She made front page news! What follows are a few excerpts from that article.

She's a remarkable woman, age 92, who still works at our neighborhood Rite Aid store at Tigard Town Square. After an 18-year career with J.C. Penney, rather than thinking of retirement, she began a second career as a cashier at Rite Aid. They recently had a 30-year anniversary celebration for her. Her store manager says, "Dolly is a part of King City—everybody knows who she is." Some customers even stay in line just to have her wait on them.

Dolly says that after her husband died, she needed to be with people, so she went to work and hasn't ever regretted it. It's been full time since Day 1. She enjoys doing a lot of different things as part of her job, and even brings in home-made baked goods on "freight day," when store supplies are delivered. She says, "They need the energy to get the jobs done!"

She credits her longevity to a breakfast of rice and nine gin-soaked raisins, walking, being with people, and doing daily crossword puzzles. In the time off that she has coming, she wants to visit Hawaii and Alaska (she's been to Alaska seven times!) After this many years, she doesn't want much, but says, "My bucket list is getting longer, and my life is getting shorter."

—Peter Wong, *The Regal Courier*, Oct. 2019

Condo Landscape Committee

Submitted by Zoe Allen



The Committee met on Tuesday, October 8th with our Brightview representative Jean Jung and her manager Glenn Fritts, who is very familiar with Highland Park from his years at Willamette Landscape.

We briefly discussed proposals we are considering for 2020, our drainage issues, and replacement plant and tree selections. The main topic discussed was weed control. 2019 was a very bad weed year and many Owners noticed. Brightview uses a generic version of Round Up, which contains Glyphosate, for weed killing. Both Committee Members and other Owners have expressed very strong concerns about this product.

After discussion and research, the Committee decided to stop use of this herbicide and asked Brightview to offer alternatives with pricing, which they did. One option is to have Brightview workers do only hand weeding with no chemicals at all. That option would add nearly \$12K a year to our landscape contract because of the labor involved. The second option would use a product called CheetahPro, plus more frequent post and pre-emergent applications and more hand weeding than is currently done. This version adds \$5K to our landscape budget. Ed Salzman obtained a bid from Pro Maintenance to hand weed the planted beds in 2020. The Board accepted this proposal at the October Board meeting which will save the COA approximately \$1,000 per year.

The next Committee Meeting will be November 12th at 10:30 a.m. Please join us. We always welcome and need additional volunteers.



HOA Committee Reports



Clubhouse Interiors Committee

November is here Submitted by Jo Hendrickson and the Holidays are soon upon us. Thanksgiving is late this year, which means our Committee will be changing out our fall décor to Christmas decorations on Sunday December 1st. Decorating is always a great fun activity and brings such delight to the Community to see our Clubhouse decked out in Holiday splendor.

*To our Highlands family,
the CI Committee
wishes each and all a Thanksgiving
full of joy and happiness.*



*Happy always lasts longer than sad,
Slow never fails to arrive,
And forever has only just begun.
Proving, once again, that time
really is on your side...*
—www.tut.com

Halloween Party Potluck —

Editor's Note: The annual Halloween Party was held too late to be in the this issue. Look for a full report with pictures in December!

Architecture/Landscape Committee



We're Submitted by Rob Mustard well into the rainy season here in the Pacific Northwest. As most of you Highlanders know, I like to take walks around the neighborhood, as I try to stay active and get more familiar with our new area. I've learned a lot about the plants, and about some of the critters, too. Down in Southern California, we had plenty of *Helix* snails in our garden (and I recognized their shape and color when I saw them here). I have to admit that I was completely unaware of something else I encountered up here, though: the ferocious King City Leopard Slug. Those things look big enough to rear up off the sidewalk, grab you by the ankle and fling you to the ground, and then give you a good and proper sliming! I try and steer clear of them whenever I see them.

Our rainy season, or "Autumn", is when the leaves fall. A reminder: Homeowners need to keep those slippery leaves raked up off the sidewalks and out of the street gutters, so that they don't clog the storm drains. By the way, Leopard Slugs like to hang out in that leaf litter. I suggest offering a neighbor kid (or grandkid) a few bucks to go out to do the raking! Oh, and if you find yourself going out for walks after dark – it sure is getting dark early – you should carry a flashlight and wear bright, reflective clothing. That will help scare the Leopard Slugs away, too.

The pace of ALC activity is slowing just a bit, but we still have lots going on. Close to 20 new street trees will be planted in November to replace diseased trees removed earlier this year. We're also looking to get the creek bed cleaned out, and get some dead trees removed by the bridge, too (and also get some traction strips installed on the bridge). We still have some other street-tree maintenance and shrub removals happening, as well.

Finally, as a reminder, the HOA Board has approved the 2019 edition of the Architecture & Landscape Manual. Digital copies are available for download at highlands55.org/alc. Paper copies are available from the Office, or from the ALC literature rack in the Clubhouse hallway.

Please don't hesitate to contact the ALC if you have any questions about an upcoming project. In fact, feel free to drop in on an ALC meeting (10:30 a.m. Wednesdays). There are always interesting things happening in our Highlands Community!

Library Whisperings

The Highlands Submitted by Bobbi Siegel Library has been very busy, as usual. We have lots of new books! So—if you are looking for something new to read, check out our new book section which is divided by hardback and paperback selections.

The library also has a wide variety of current magazines and many puzzles. There are books in our give-away area too. These books are for Residents to take and keep.

*Reading gives us a place to go
when we have to stay
where we are.*

Happy reading.
Bobbi Siegel, Librarian



Special Events



Submitted by Gary Melott

December Special Event — Annual Christmas Dinner!

Please join us at our annual Christmas Dinner to be held at the Clubhouse on Wednesday evening, December 11th.

Enjoy a wonderful dinner catered by Kam and Kam Catering and appreciate our beautifully decorated Clubhouse all dressed out in its Holiday decor. Social Hour will be at 5:15 p.m. and Dinner will be served at 6:00 p.m.

Cost is \$25.00 per person.



Our round tables will be used for the dinner and as with other events, there will be no reserved tables. Entertainment for the evening will be the Dickens Carolers outfitted in beautiful period costumes.



Only 96 tickets will be sold.
Admittance is by advance ticket purchase only.
There will be no sales at the door, and No refunds.

BUFFET MENU

- Grilled Salmon Filet or
- Sliced Turkey Breast with Gravy
- Yukon Gold Mashed Potatoes
- Green Beans Almandine—
(cooked past crunchy)
- Harvest Green Salad
- Sage Bread Stuffing-(not vegetarian)
- Rolls and Butter
- Cranberry Sauce
- Assorted Desserts
- Coffee, Tea, and Water — or BYOBverage



TICKET SALES

At the Clubhouse on the following dates:
 Fridays *Happy Hour* on Nov. 1, 8, 15, and 22
 from 5 to 7 p.m.
 and Saturdays on Nov. 2, 9, 16, and 23
 from 11 a.m. to Noon

Any remaining tickets after Thanksgiving will be announced on Hi-Net.

If paying by check, please make out your check to HOA Special Events.

Any questions, call Gary Melott at (503) 598-4636

The Great Potato Bake Party

Submitted by Gary Melott & Ed Benberg, SE Co-Chairs



Muriel Jackson & The Staley's socializing...

The Great Potato Bake went very, very well! We served 104 people with all the trimmings, salad, and special dessert. Ed's "potato story" made us all laugh, and special guest Eldon played the accordion for our enjoyment. A GREAT TIME was had by all! I would like to thank all the volunteers who make our events work so well. A special thanks go out to Rudy and Joyce Biglione and Barbara Sloop for baking potatoes for us, and Shel Siegal for going out and coming back with the baked potatoes.



1 potato, 2 potato, 3 potato, 4!



A great crowd fills the ballroom!



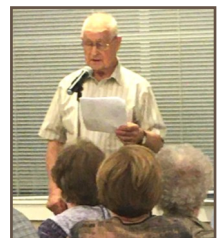
Potato Trimmings amidst the great fall décor...



Eldon entertaining us...



The Whitaker's enjoying some wine!



Ed loves telling his annual "spud" story!

Pictures by Jo Hendrickson & Ed Benberg

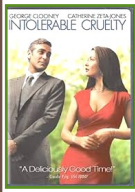
Activities



Movie Nights

Submitted by Nancy Crandell

FOR NOVEMBER, MOVIE NIGHTS WILL BE THE 2nd AND 4th FRIDAYS AT 7 P.M.



November 8th— We will enjoy a romantic comedy about the battle of the sexes when Miles Massey (George Clooney), a renowned divorce attorney who specializes in saving husbands from paying expensive settlements, meets beautiful but cunning and ruthless Marilyn Rexroth (Catherine Zeta Jones). They match wits in **"INTOLERABLE CRUELTY."** USA Today calls this a "deliciously good time."



November 22nd— In a change of pace, and to honor the beautiful time of Thanksgiving, we will share the timeless classic story of the MARCH family in a newer version of **"LITTLE WOMEN"** starring Susan Sarandon and Winona Ryder. With her husband away at war, a mother and her four daughters live through times of laughter, trials, and triumph with love and support of family and neighbors.

*Goods that are not shared,
are not goods!*

~ Author Unknown

Living Well Speaker Series

Submitted by Lucianne Phillips



Come hear an informative talk on **The ABC's of Medicare** Tuesday, November 12th at 7 p.m. at the Clubhouse.

Medicare Open Enrollment season is upon us. Whether you are just signing up now or have been on Medicare for years, there are always questions about the different choices of coverage.

Peggy Lickert, a Medicare specialist, will provide an educational presentation on general good health, such as fall prevention and fitness programs. She will speak on Medicare Supplemental versus Advantage programs and provide you with questions you may wish to ask your program, for instance, which local facilities would accept your insurance should you have the need.

She will also have an open discussion session to address any specific questions you may have.

Q: What did the mother turkey say to her disobedient children?

A: If your father could see you now, he'd turn over in his grave!



~ Author Unknown

Bridge Anyone?

Submitted by Bobbi Siegel



Our Bridge Group meets every Tuesday at 1 p.m. in the Clubhouse. We are a casual and friendly group and we play "party" bridge. If you are interested in playing Bridge—maybe learning how to play or renewing your skills—join us on any Tuesday. We usually play until 3:30 p.m..

If you are interested, just come and watch. We are always looking for more Bridge players! If you have any questions, call Bobbi Siegel at (503) 430-1506.

Highlands Travelers

Submitted by Barbara Nelson



Goway Tours has been providing unforgettable travel experiences for travelers of all ages and from all walks of life since 1970. They welcome travelers to Australia and the South Pacific, Asia, Africa, the Middle East, Latin America, and the UK-Europe.

They offer a wide choice of travel ideas from independent travel, to escorted tours, and touring for the more adventurous traveler. The strength of Goway Tours has been, and continues to be, their commitment to customer satisfaction.

So, let's welcome Steve Spurlock of **Goway Tours** on **Wednesday, November 13th, at 7:00 p.m.** in the Clubhouse. Please RSVP to Barbara Nelson at bjnells@comcast.net or (503) 709-6117 by Monday, November 11th. We look forward to hearing more about Goway's exciting adventures.

Activities

Book Club

Submitted by Judy Sutton



Reminder!!

Join us at the Clubhouse on **Wednesday, November 20th, 1:30 p.m.**, for our next Book Club meeting. New members are always welcome. This month we will be reviewing a fiction by Catharina Ingelman-Sundberg titled **The Little Old Lady Who Broke All the Rules**. This is a delightful comedy of errors about a group of friends that became delinquent seniors when the desire for a better life leads them "astray".

For more information, call Judy Sutton at (503) 639-1752. Hope to see you at our meeting this month. Bring book suggestions—we will be selecting new books to read in 2020.

Bible Study

Submitted by Ron & Anna Willis

November is another favorite time of the year. It means we are full swing into the Holiday season where families gather to celebrate Thanksgiving. We are reminded of our heritage as a country, our religious freedoms to worship according to our beliefs, and to be thankful for the many blessings God has given. We are thankful as well for those who prepare encouraging messages for our monthly *Bible Study* here at KC Highlands. We have added two new speakers:



November 5th—Rod Powell and his wife, Margi, have been on three missionary journeys—England, Russia and Israel, for almost 40 years. Most recently, they've been bringing the Good News to students—Russian-speaking Jews and secular Israelis—including drug addicts in Haifa, Israel. Rod, also an avid cyclist, reaches out to athletes as well. He recently rode the length of Israel via the Dead Sea, the lowest point on the planet. Rod and Margi have two grown kids who, with their families, live in LA.

November 19th—Dennis Beatty has his doctorate from Fuller Theological Seminary and has been in full-time ministry over 40 years. He has served as lead pastor in four Churches, as well as lead interim pastor in three. His ministry service has spanned several denominations. He and his wife Gwyn recently joined the Highlands Community as Residents. Welcome Dennis and Gwyn.

This Bible Study offers Christ-centered messages from gifted speakers twice a month—the first and third Tuesdays. They last one hour, from 7-8 p.m., followed by a time of fellowship and refreshments. Please join us this month – we look forward to seeing you.

Did You Know...

More blood flows through your body when you enjoy a good laugh?



Hand and Foot

Submitted by Sue Anderson



Does card-playing fit into your schedule? Hand and Foot is played every Thursday evening at 7 p.m. in the Clubhouse. A table of four plays with six decks, so we need to play at the large white tables in the Boardroom. Each month we give up our room for the HOA Board Meeting and play on Wednesday at 7 p.m. that particular week. We started playing just four years ago and it has been a fun-filled event ever since. Sometimes we win and sometimes we lose—the important thing is that we have fun!

The game does make you use your brain in order to preplan your next move—for instance, whether you should pick up the pile or play on so you can pick up your foot. There are some chances one takes in this game and that is what makes it a challenge.

Come and join us—we would love to have you and promise to send you home with the rules, which are easy to learn. There are usually 10-12 people who play regularly. No sign up, just come and play!

*Let me walk beside you;
I won't ask you to support me.
I only want to know that I am not alone.*
~Author Unknown

High Diners Update...

Submitted by Pat Combs



We will take a two-month sabbatical from our events until January, after the Holidays.

The year for High Diners has been successful, with outings to: *Albertina Kitchen, Thirsty Lion Pub, Café Murrayhill, Clockrose Tea Emporium, Trees Grill, and Mizumi Buffet.*

The October event was a resounding success at *Gustav's!* Thirty people attended and the staff there was wonderful and efficient—oh, and the food was great! Thank you to all who attended.

Expect more events in 2020, and we are always open to suggestions!!

Pat Combs
(971) 371-2188 combsfamily11@gmail.com

Announcements & Community Information



Highlands Art & Craft Faire Info

Submitted by Nancy Crandell



It's Right Around the Corner!

**5TH ANNUAL ART & CRAFT FAIRE
SATURDAY, DECEMBER 7th, 10—4**

FLYERS are available for handing out—look for them on the Clubhouse entryway bench and on the Library table. Take them to your groups, family, friends, etc. **Invite Everyone!**



SECOND PLANNING MEETING THURSDAY, NOV. 7th at 1:00 P.M. – It is not too late to sign up for a spot to display and sell your creations. We would love to have you participate. You can share a table if you wish. If you have a relative or friend and you are able to sit with them at the table, we would welcome their participation as well—but we must have a Highlands Resident at each table.

COOKIE BAR – The Sign-up sheet will be posted on November 1st. Just sign your name and what kind of cookies you will bring so all will know what is coming and we won't have "20" of the same kind. Dust off those old favorite recipes or try something new. Donations from the Cookie Bar will be distributed to "Good Neighbor Center," Bethlehem House of Bread, and Caring Closet. Joyce Biglione will head up the Cookie Bar again this year. Call her if you have questions.



HELPERS – **Please Help** with distributing flyers to local businesses (you can sign up for an area you like) for display or to distribute to their customers. We also need lots of helpers the day of the Faire, including helping place street signs the morning of the Faire to direct people to our great event. A Sign-up sheet for Helpers will also be posted on November 1st.



TOY BOX – We will have our giant toy boxes at the Faire for those who wish to donate new unwrapped toys again this year. We will have them available December 1st until the drop-off deadline (to be announced), when they will be taken to a center for distribution.



If you have questions, please call me at (503) 746-6701 or my cell at (541) 729-8649.

HOLIDAY NOTICE !

Due to the Thanksgiving Day Holiday, Thursday, November 28th:

The Clubhouse Office will be closed.

Zumba Gold exercise has been cancelled for this day. Class will resume on Monday, December 2nd.

Hand and Foot is also cancelled—will be played the following week at their regular time—Thursday at 7 p.m.

**REMEMBER!
HOA ANNUAL MEETING
NOVEMBER 21, 2019**

Condos Neighborhood Watch

Submitted by Sandy Bergeron



Reminder to Building Captains:

Our next meeting is on **Tuesday, November 12th at 4 p.m.** in the Clubhouse Boardroom. I've arranged to have a representative from Precision Garage Door Service come speak to us at the meeting, about our garage doors and safety options.

As always, there will be several items for the show-and-tell section of our meetings. Feel free to bring your own show-and-tell item of Interest to share with us. Also, please bring your Community concerns and ideas to discuss.

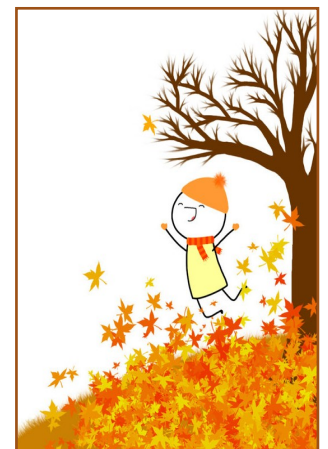
Everyone is always welcome!

Sandy Bergeron
Condos Neighborhood Watch Coordinator
(503) 624-7896
sandber31638@gmail.com



Reminder:

It's getting dark outside a lot earlier, especially with the time change. If you're walking to or from the Clubhouse building after dark, bring your flashlight!



Announcements & Community Information



Improving Your Day...

Don't make your dog's "business" your neighbor's business. *Please be nice to your neighbors—* when out walking your dogs, *please* take "doggie bags" with you and pick up their "business!"



NEW...!!

"Permanent" name tags (meaning in plastic holders and not the stick-on kind!) were presented at the Great

Potato Bake for the first time! They seemed to be well appreciated and are now available for those who want them for wearing at our Special Events at the Clubhouse.

At the end of an Event, please REMEMBER to always take it off and leave it at the Clubhouse (containers will be provided), so you'll have it for the next time.

If you don't have a name tag, please place your name on the list sheet provided and one will be made for you!

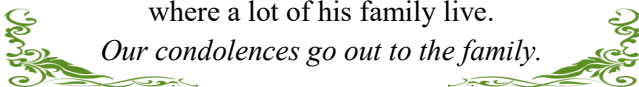
Let's all make it easier to recall names, especially for "Newbies!"

IN MEMORIAM

Roger Pickens, who lived at 16248 SW 130th Terr, #24 passed away in late September.

There will be a Memorial Service in San Diego, where a lot of his family live.

Our condolences go out to the family.



Remember to Change Your Clocks — Catch Some ZZZ's!



Daylight Saving Time "fall back" doesn't necessarily equal *sleep gain*. Daylight Saving Time officially ends at 2:00 a.m. on the first Sunday in November (this year, November 3rd). In theory, "falling back" means an *extra hour of sleep*.

In reality, many people don't take advantage of the weekend's opportunity for an extra hour of sleep!

It's Really Fall — Have You Done It Yet?

Submitted by Mabel Weber



- ◆ Are you a 'Snowbird'?
- ◆ Have you made your plans to "fly" South (or elsewhere for warmer weather) yet?
- ◆ Are you leaving soon?
- ◆ Have you done it yet? — Done what, you say?
- ◆ **Have you filled out the Snowbird Notice Form and turned it in to the Clubhouse Office?** (You can get one at the Office.)
- ◆ Have you notified your Neighborhood Watch House or Condo Building Captain?
- ◆ Have you notified Mabel in the office if you want to receive the *Highlights* via e-mail while you are away?

If not, please take care of these important tasks as soon as possible!

You may contact Mabel at the Clubhouse during Office hours if you need further assistance.



"A hero is someone who has given his or her life to something bigger than oneself."

A Drained Thanksgiving?

After a long Thanksgiving Day of eating and playing, a 3-year-old little girl asked her mother to carry her.

When her mother asked if her legs were broken, she said, "Yes, they're out of batteries."

~Author Unknown



From The Wider Community

Some Fun Things To Do !

King City Community Association (KCCA) Travel Club

Did you know that we can join the KCCA Travel Club even though we do not live in the King City Community Association? They have monthly bus trips around the region which are open to their members and vary in cost. To become a member, dues are \$5 for a calendar year and checks should be placed in the KCCA office where there is a mail slot in the inner door which is labeled "Travel Club."

In the rack at the KCCA front desk is a list of future trips, such as the Hood River Harvest Festival, Verboort Sausage Festival, and Spirit of Portland Christmas Cruise. To know more about their trips, they are frequently listed in the *Tigard Life* Newspaper or you can pick up the KCCA monthly newsletter in the KCCA office.

The Juanita Pohl Center (City of Tualatin)

Love to travel near and far? The Juanita Pohl Center offers dozens of one-day and lunch time trips throughout the year, from whitewater rafting and covered bridge tours to boat cruises in the Gorge. Pre-registration is required for all Active Adult Day Trips and Day Trekker Hikes.

Some of their trips include Oregon Culinary Institute, iFly Indoor Skydiving, Christmas at the Oregon Gardens, Day Trekkers (Hikes), and Domestic and International Travel Programs.



REMEMBER:
Turn your clocks
back on Sunday,
November 3rd!



School's in Session...

Now that school is back in session, there are some things to keep in mind while traveling in and around our communities.

School zone speed limits are now in effect. Police officers across the county and specifically in King City will be actively enforcing the school zones. The primary goal is always the safety of the children. Please pay attention to flashing yellow lights as you approach school areas. Watch for children crossing the street, biking in the roadways, and always watch for school buses picking up kids at local bus stops. Be sure to stop for the school bus flashing red lights and stop sign. Drive with extreme caution and give your undivided attention to the roadways. Be alert. Be aware. Be vigilant. Be safe.



Various
school
speed
zone
signs.

King City Community Talk

Submitted by Dave Platt

Numerous projects around the City are ending. 131st Avenue is finished, and radar speed signs and crosswalk lights were to be delivered and installed in October. The Fischer Road final elements of the enhancement project is being completed there. By the end of October, a complete enhanced transportation network from 99W to 131st and Fischer to Beef Bend is expected.

The City is partnering with Tigard, Sherwood, Tualatin, and Washington County to raise awareness and bring attention to the traffic congestion on 99W. They are hoping to secure funding to conduct a 99W Corridor Study. The goal will be to take a holistic view of the 99W corridor and try to develop solutions to the traffic congestion along the corridor. Efforts to raise attention to the issue have resulted in the project being elevated from a Tier 2 priority to a Tier 1 priority. Regardless of the elevated status, funding for the project remains unconfirmed.

Among complaints this summer were speeding vehicles and failing to obey traffic control devices (stop signs) in multiple areas. Safety is always of concern. A new electronic speed sign for use in educating motorists was purchased and it will be around King City Neighborhoods. Like the one on Fischer Rd—it's mounted to an existing pole and is very bright. This sign will collect speed data and the information from that will be used in future speed and traffic impact studies. If you have a concern about speeding vehicles in your neighborhood, please feel free to contact the King City Police Department at 503-620-8851; non-emergency dispatch at 503-629-0111.



Items of Interest & Sponsors



Kitchen 'Hacks' You Wish You'd Known Sooner!



Rescue a Salty Soup—If you over-salt a soup, toss in a few wedges of raw apple or potato. Simmer for 10 minutes and discard the wedges to get the flavor back to normal.

Stop Cheese from Sticking—

Grated cheese makes a difference, but it can be a pain in prep. For easy cleanup, use a quick spritz of cooking spray on your cheese grater to keep the cheese from sticking.



Add a Carrot—Carrots take away the acidity in tomato sauce by adding a subtle sweetness. If you find your sauce has gotten too acidic, peel a whole carrot, simmer it with the sauce and remove before serving.

Keep Appetizers Cold—

Want to serve shrimp, deviled eggs, or other appetizers at your next get-together? Fill a large bowl with a re-sealable bag of crushed ice and cover with lettuce leaves (butter-head works nicely). Place your appetizer on top and you'll serve food-safe bites all night!



—Carolyn Lewis, No Worries News, Aug. 2019

Quirky Thanksgiving Trivia...

- ◆ The first Thanksgiving was really a 3-day celebration.
- ◆ A part of Plymouth, MA looks just as it did in the 17th Century.
- ◆ The woman behind "Mary Had A Little Lamb" is also responsible for Thanksgiving's recognition as a National Holiday.
- ◆ The first Macy's Thanksgiving Day Parade did not feature any balloons.
- ◆ A Thanksgiving mix-up inspired the first TV dinners.
- ◆ About 46 million turkeys are cooked for Thanksgiving each year.
- ◆ You might consume up to 229 grams of fat during your big Thanksgiving meal.
- ◆ Only male turkeys actually gobble.
- ◆ The Butterball Turkey Talk Line answers almost 100,000 calls each season.
- ◆ There are four places in the country named *Turkey*, four called *Cranberry*, and 34 dubbed *Plymouth*.
- ◆ Black Friday is the busiest day of the year for plumbers.



Bedtime Stories for Adults?

Yes! There are now Apps to help Adults/Seniors relax for Better Sleep!

So... It's late at night, and your mind is racing and just won't turn off. Oh, to be a child again and be lulled to sleep with a soothing story. Sorry, that won't happen!! But there's hope—**Calm.com** is a sleep and meditation app that caters to millions of over-wound adults.

With a list of 150+ bedtime stories that are regularly refreshed—as well as guided meditations, expert-led classes, videos on stretching, and music to promote sleep or concentration—it has all the tools to help you achieve a zen state of mind.

This is a booming relaxation-app industry, with a field of competitors—**Slumber**, which has meditations, stories, and background sounds; **Pzizz**, which creates sound sequences based on "psychoacoustic principles;" and **Relax & Sleep Well**, which offers hypnosis and meditation recordings.

—No Worries News, Sept. 2019

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Items of Interest & Sponsors

Magic Words That Can Change Your Life...

"Thank You" — A lot of research has been done on why people—women in particular, sadly—tend not to accept compliments smoothly. *Language in Society* found that women only accepted compliments 40 percent of the time, and the *Harvard Business Review* found that almost 70 percent of people associated receiving compliments with mild shame or embarrassment.

Does this scenario sound familiar? She says: "I love that dress." You say: "Oh this? I've had it for years." Or, "Thanks—I wish it weren't so snug though." Or, "You think? I'm not crazy about the color."

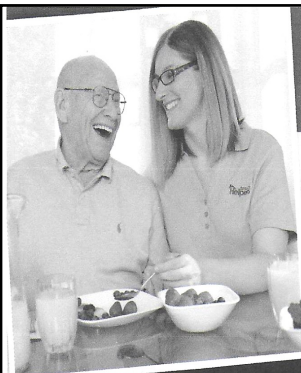
THANK YOU!



We tend to deflect 'compliments,' qualifying and clarifying, often demeaning ourselves in the process. A better way to respond: Look the person in the eye and simply say, "Thank You!"

—No Worries News, July 2019

More Bee Facts...



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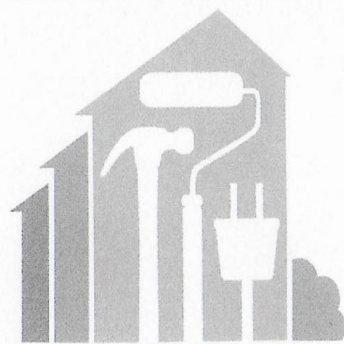
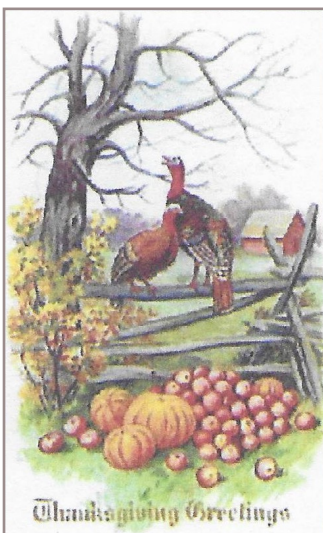
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Sponsors...



Look, when the family comes over for Thanksgiving, it's literally going to be raining food! People drop things, peas roll off plates, gravy drips, things happen. **So stay alert!**

Editor: Quila Bowlés
 Editor retains the right to edit and make copy corrections as needed..

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 Susan Keltner and Connie Armstrong,

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Vicki.KenMillerAssociates.com

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NOVEMBER 2019



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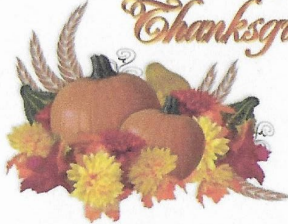
Kris Simpson

Oregon Principal Broker, Owner
GRI, SRES, CNE



Courtesy, Respect, Results

Happy Thanksgiving



CALL KRIS
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MOBILE: 503-367-5817
EMAIL: Kris@PassagesRealty.com

Sharon W.

Kris sold my condo in the Highlands a few years ago and did a good job getting a quick, stress free sale for me. After a few years in a retirement facility in King City, I realized that I wanted to be back in my own place again. I called Kris.

She got to work looking for a condo for me, and six weeks later I am in my new home. She worked hard for me, kept me informed and made sure I closed on time. I recommend Kris to anyone looking for a Realtor®!

Search ALL Properties for Sale on my web site: PassagesRealty.com – Look for Senior Communities Page

YOUR NEIGHBORHOOD REAL ESTATE RESOURCE

Karen's Client Reviews

KAREN I can't begin to thank you for all your help, patience, and understanding. So, thank you again **KAREN** for everything. You're pretty special.

Paul W.

KAREN, you have a selfless heart. It is reflected in your approach as a sales professional. Kind regards.

Pat B.

KAREN: Thank you so much for all your help with the purchase of my home. And thank you for coming by to visit! And thank you for the very generous card. I appreciate your kindness.

Joan J.

Dear **KAREN:** It was a pleasure working with you on the sale of the house. Your calm reserved professionalism has been very much appreciated.

Christina and Duane L.

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Market Update

November 2019

Recent Home Sales in Highlands

Type	Address	Bed	Bath	sq.ft.	Selling Price	\$/sq.ft.	Sales Date
HOUSE	16011 SW 129TH TER	3	2	1706	\$415,000	\$243	Jun-19
HOUSE	12562 SW BEXLEY LN	2	2	1919	\$475,000	\$247	Jun-19
HOUSE	12627 SW PEACHVALE ST	2	2	1475	\$440,000	\$298	Jul-19
HOUSE	12699 SW PEACHVALE ST	3	2	1624	\$449,000	\$276	Aug-19
CONDO	16354 SW 130TH TER #75	2	2	1336	\$246,000	\$184	Aug-19
HOUSE	16263 SW 129TH TER	3	2	2059	\$466,000	\$226	Aug-19
HOUSE	16311 SW 129TH TER	3	2	1654	\$390,000	\$235	Aug-19
HOUSE	16086 SW WIMBLEDON CT	2	2	1700	\$415,000	\$244	Sep-19



11725 SW Queen Elizabeth St. #A
King City OR 97224

503-639-0630

Realtor Open House

**1st Sunday of Every Month
1 - 4pm**

Invite your friends and family to tour multiple properties For Sale

August Portland Residential Highlights: According to the **Regional Multiple Listing Service** pending sales saw the sole gain this August in the Portland metro area. There were 2,929 pending sales, a 6.1% increase over the 2,760 offers accepted last year in August 2018, but falling 2.3% short of the 2,998 offers accepted last month in July 2019. Closed sales, at 2,901, decreased 2.2% from the 2,967 closings recorded in August 2018 and fell 1.5% short of the 2,944 closings from July 2019. New listings (3,757) fared similarly, ending 10.8% lower than in August 2018 (4,214) and 5.3% lower than last month in July 2019 (3,966). Total market time rose by five days in August to end at 48 days. Inventory held steady at 2.3 months. **Year to Date Summary:** Activity is a bit cooler so far in 2019 compared with 2018. New listings (30,458) are down 0.9%, pending sales (21,585) are down 1.1% and closed sales (19,902) are down 3.3%. **Average and Median Sale Prices:** Comparing 2019 to 2018 through August, the average sale price has increased 1.0% from \$454,500 to \$458,900. In the same comparison, the median sale price has increased 2.2% from \$401,000 to \$410,000. More local sales activity is available at KenMillerAssociates.com

Find out why Ken Miller Associates are the most respected Oregon Licensed Real Estate Brokers for buying and selling in the active 55+ Highlands, Summerfield and King City neighborhoods of Oregon.

Curious about how much your home would sell for? Call us!

Statistical information obtained from public sources not guaranteed and should be verified.

KC Highlands Calendar

NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
Clubhouse Office Hours: Mondays, Wednesdays 9 – 12, and Thursdays 1 – 4. For changes: Please check the calendar on the Clubhouse front door window or watch for updates on Hi-Net.						
3	4	5	6	7	8	9
 Daylight Saving Time Ends	10 Zumba Exercise 11 Condo Maintenance 2 Dominoes 7-9 Meet HOA Candidates	9 Walking Aerobics 10 Coffee Hour 1 Bridge 7 Bible Study	10:30 A/L Comm. Meeting 2 Dominoes 2 Mahjong 7 Mixed Poker	10 Zumba Exercise 1 Craft Faire Meeting 7 Hand & Foot	9 Walking Aerobics 10:30 Coloring 1 Needle Arts 2:30 Library Comm. Mtg 5 Happy Hour 7 Movie Night	Private Event 10am – 1pm 11am – 6pm
10	11	12	13	14	15	16
Private Event 11am – 8pm	10 Zumba Exercise 2 Dominoes  Veterans Day	9 Walking Aerobics 10 Coffee Hour 10:30 Condo Landscape 1 Bridge 4 Condos NW Mtg 7 Living Well Speaker Series	2 Dominoes 2 Mahjong 7 Highlands Travelers 7 Mixed Poker	9:30-4 Sewing Group 10 Zumba Exercise 5:30 Condo Board Mtg 7 Hand & Foot	9 Walking Aerobics 10:30 Coloring 1 Needle Arts 5 Happy Hour	
17	18	19	20	21	22	23
	10 Zumba Exercise 2 Dominoes	9 Walking Aerobics 10 Coffee Hour 1 Bridge 7 Finance Committee 7 Bible Study	1:30 Book Club 2 Dominoes 2 Mahjong 7 Mixed Poker 7 Hand & Foot	10 Zumba Exercise 3 Clubhouse Interiors Comm 5:30 HOA Light Buffet 6:30 HOA Annual Meeting	9 Walking Aerobics 10:30 Coloring 1 Needle Arts 5 Happy Hour 7 Movie Night	
24	25	26	27	28	29	30
	10 Zumba Exercise 2 Dominoes 7 CPO4K Meeting	9 Walking Aerobics 10 Coffee Hour 1 Bridge	2 Dominoes 2 Mahjong 7 Mixed Poker		9 Walking Aerobics 10:30 Coloring 1 Needle Arts 5 Happy Hour	