

# Highlands Highlights



King City Highlands Homeowners Association (503) 684-8294

NOVEMBER 2018

## Board Notes

Submitted by Dave Platt, HOA President

November Hours

### Regular Office Hours:

Monday 9 am – Noon  
Wednesday 9 am – Noon  
Thursday 1 - 4 pm

**Closed**  
**Thanksgiving Day**

### Office e-mail:

[office@kchighlandshoa.com](mailto:office@kchighlandshoa.com)

### Community e-mail:

[Hinet@kchighlandshoa.com](mailto:Hinet@kchighlandshoa.com)



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The King City Highlands Homeowners Association will hold its regularly scheduled Annual Meeting on **Thursday, November 15, 2018.**

**5:30 p.m. to 7:00 p.m. Open House Buffet**

**6:30 p.m. to 7:00 p.m. Sign In**

**7:00 p.m. Annual Homeowners Meeting**

**Following Annual Meeting: First Meeting of New Board of Directors**

At the Annual Meeting, the owners of King City Highlands will vote to elect four nominees to fill the vacated positions on the Board of Directors – each to be elected to a two-year term.

At the first meeting of the new Board, a **President**, a **Treasurer**, and a **Secretary** will be elected to a one-year term by the Directors.

Nominee biographical sheets have been inserted in this Newsletter to provide information as to each nominee's past experience as well as insight into what each nominee hopes to contribute to the Board.

The Community Association Institute (national organization of homeowner associations) developed the following "Model Code of Ethics for Community Association Board Members to encourage the thoughtful consideration of ethical standards for community leaders."

### "Board Members should:

1. Strive at all times to serve the best interests of the association as a whole regardless of their personal interests.
2. Use sound judgment to make the best possible business decisions for the association, taking into consideration all available information, circumstances and resources.
3. Act within the boundaries of their authority as defined by law and the governing documents of the association.
4. Provide opportunities for residents to comment on decisions facing the association.
5. Perform their duties without bias for or against any individual or group of owners or non-owner residents.
6. Disclose personal or professional relationships with any company or individual who has or is seeking to have a business relationship with the association.
7. Conduct open, fair and well-publicized elections.
8. Always speak with one voice, supporting all duly adopted board decisions – even if the board member was in the minority regarding actions that may not have obtained unanimous consent.

(cont'd on page 3)

## Condo Notes



Submitted by Zoe Allen, Chair,  
Highland Park Board of Directors

**Smoking Restriction Update:** At the Condo Board of Directors' September meeting, it was decided by Zoe Allen, Don Callender, and Elaine Johanson (Penny Pershey was travelling in Europe at the time) that action on additional smoking restrictions would be tabled until after a new Board is elected at the February 2019 annual meeting. The decision to amend our bylaws in order to implement a 100% smoking ban is huge. It will be costly (legal fees) and time consuming (special meetings and vote gathering). A Board with three current members retiring in February should not go forward on such a momentous change at this time.

Our current smoking resolution, which bans smoking 100% in both the common and limited common areas, continues in full force. This ban includes back patios and decks. If extending the ban beyond the areas covered in the smoking resolution from April 2017 is important to you, I would suggest that you seriously consider running for one of the four open Board positions in 2019.

**Garages:** Just a reminder that our garages are not storage units. They have no heat, no ventilation, and no light. They are actually intended for vehicles. There is quite a lot of room for storage of various items even when you park a car inside. It's when you pack them full with your "stuff" that you just can't part with, you run the risk of ending up with a mildewed mess. The garages on the west side of the property are quite susceptible to dampness—keep that in mind.

**2019 Budget:** At the October 11<sup>th</sup> meeting of the Board of Directors, your Board approved the operating budget for 2019. The increase is just 1.67% which amounts to \$5.00 per month. Once again, building maintenance and landscape/irrigation costs have been beefed up. Our property is growing older and we need to keep it up. We are also changing our contract with CMI so that we will get more help with our property management issues. One change you'll notice is that starting in January our property manager will attend every board meeting. Our contribution to the Replacement Reserve account will remain the same as 2018. Decks and garage door frames will be the major reserve expenses again in 2019.

(cont'd on page 6)

## Newcomers & Activities Committee

Submitted by Lucianne Phillips

### Newcomers Welcome

As of press time, we have not yet had our Newcomers Welcome event, but we anticipate a good turnout for it. We will welcome new residents and look forward to a good exchange of information with the speakers. Hopefully, newcomers will come away with a better understanding of life in our Community and the activities that are available. We hope to offer more activities for newcomers in the coming year. Look for an event report in the December issue.

### Activities

Activities planning is underway. Growing pains interfered with the *Living Well* Speaker Series and the Dining Group plans due to circumstances beyond their control—but now it is full steam ahead for November. In separate Activities articles, you will see more details. The Wine Tasting Group has met and is designing their future plans for those interested. The Travelers Group included a survey in the October *Highlights* to better gauge the interests of residents and is formulating plans based on the results. The Hikers and Walkers Group information is available on a later page of the newsletter. Lastly, Bill McKee has information regarding Northwest Senior Theater's "T'was the Daze Before Christmas" at the Alpenrose Dairy Opera House—performance dates are in November—there are more details in this issue.

*There is a harmony in autumn,  
and a luster in its sky, which through  
the summer is not heard or seen,  
as if it could not be, as if it had not been!*

—Percy Bysshe Shelley



Q: Why did Pilgrims' pants always fall down?

A: Because they wore on their hats on their belt buckles

—Author Unknown

## Board Notes *(cont'd from page 1)*



### “Board members should not:

1. Reveal confidential information provided by contractors or share information with those bidding for association contracts unless specifically authorized by the board.
2. Make unauthorized promises to a contractor or bidder.
3. Advocate or support any action or activity that violates a law or regulatory requirement.
4. Use their positions of decision-making authority for personal gain or to seek advantage over another owner or non-owner resident.
5. Spend unauthorized association funds for their own personal use or benefit.
6. Accept any gifts – directly or indirectly – from owners, residents, contractors or suppliers.
7. Misrepresent known facts in any issue involving association business.
8. Divulge personal information about any association owner, resident or employee that was obtained in the performance of board duties.
9. Make personal attacks on colleagues, staff or residents.
10. Harass, threaten or attempt through any means to control or instill fear in any board member, owner, resident, employee or contractor.”

The King City Highlands Board of Directors continuously endeavors to abide by the above proven principals to promote an honest, transparent, professional leadership team fully able to responsibly direct the future of our premier community.

You are urged to attend the King City Highlands Annual Meeting on Thursday, November 15<sup>th</sup>, and make known your choice of members for our new Board. If you are unable to attend the Annual Meeting in person, please be sure to mark your votes and return your proxy.

## **A & L Committee**

*Submitted by Mark Perkins, Committee Chair*



As we sit here and bask in the Indian Summer of October in Portland of all places, I still have some denial that all those leaves on my trees are going to end up on the ground within a month.

So, this month is a basic rewrite of last month's column with some additional information.

- Please do not rake your leaves into the street unless you are using a snow shovel to pick them up (my method). They'll clog our drains, make the streets slicker when it rains, and if they are piled too deeply in the street, the monthly street sweeper will drive around them.
- Please do your best to keep sidewalks clear as they are used by all residents and visitors.
- The **City of Tigard is hosting free leaf disposal at Cook Park** in exchange for a minimum of two cans of food per load of leaves. Food goes to St. Vincent De Paul to benefit the homeless and less fortunate.

**Four Saturdays** are scheduled:

**Nov. 3, Nov. 17, Dec. 1, and Dec. 8**  
**from 9 a.m. to 3 p.m.**

*Cleaning up leaves and helping others,  
 “ 'tis the season.”*

## **HOA Nominating Committee**

*Submitted by Jo Hendrickson*

### **KC Highlands Board of Directors Election**

The KC Highlands Annual Meeting will take place at the Clubhouse on Thursday, November 15, 2018 with a light buffet available from 5:30 p.m. to 7:00 p.m. CMI will be starting the sign-in at 6:30 p.m. and the Annual Meeting begins at 7:00 p.m.

CMI will be mailing ballots to all unit owners on record toward the end of October. If you are a snowbird and wish to vote, call CMI at (503) 233-0300 and request an absentee ballot. Once you receive your ballot, be sure to complete and return it, allowing enough mail time for the ballot to be received at the CMI office prior to the Annual Meeting.

For all local residents, you may either mail your ballot to CMI or bring it with you to the Annual Meeting.

### **Make A Difference. Vote!**

Your Highlands Nominating Committee—  
 Jo Hendrickson, Chair; Mary Anne Miles;  
 Linda Lucero; Penny Pershey; Gary Melott;  
 Rob Mustard



## Activities

### Movie Nights

Submitted by Nancy Crandell



### Movie Nights for November Will Be the 1<sup>ST</sup> and 3<sup>RD</sup> Fridays at 7:00 P.M.

**FRIDAY, NOVEMBER 2<sup>nd</sup>** — If you have ever been stranded for awhile at the airport, you will empathize with Viktor Navorski (Tom Hanks) in "**THE TERMINAL.**" When he arrives at JFK Airport on a personal mission, he is caught in international glitches that prevent him from leaving. The airport terminal becomes a temporary home as he discovers it is a microcosm of America. Superbly acted by Tom Hanks, this is a treasure of emotion, frustration, and friendship.

**FRIDAY, NOVEMBER 16<sup>th</sup>** — Join us for a beautiful film about family, country, and being true to your beliefs. Gary Cooper and Dorothy McGuire star in the powerful film, "**FRIENDLY PERSUASION.**" It's the story of a Quaker family, caught in the great Civil War conflict as they confront their love of country versus religious beliefs opposing violence as the answer. This film earned six Academy Award nominations, including Best Picture. Appropriate for the Thanksgiving season, this is a film favorite.

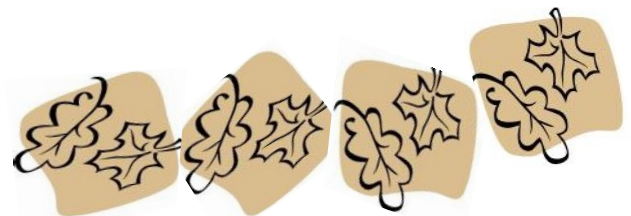
### Living Well Speaker Series

Submitted by Linda Dufresne

The Speaker Series resumes on two Sundays in November at the Clubhouse. Family & friends are welcome.

**November 4<sup>th</sup> at 2 p.m.** – Highlands resident Mike Albright's topic is "*Backing Up Your Life.*" Mike has long been an advocate of preparedness related to important family documents. He practices what he preaches and will discuss the scanning and safely storing of what he did with important Albright family documents. Also, for the past 15 years, Mike has engaged in an extensive family memorabilia preservation project, including almost 2,500 old family photos, along with priceless old correspondence, audio and video recordings, diaries, and obituaries. He has stored these in his safe deposit box and made copies for his siblings and children.

We don't ever want to think about disasters striking our homes, but they happen—fires, tornadoes, earthquakes, and other insidious intrusions into our lives. If your home and its contents were destroyed, what would you lose that you really need; what would you lose that would be a painful, personal, family loss that couldn't ever be replaced? We will talk about important documents that need to be photocopied or scanned and stored in a safe location, such as papers with personal, financial, home-related, and vehicle-related information. Perhaps even more important, we will discuss options for preserving irreplaceable family memorabilia: ancestral family photographs as well as those of our own families, old correspondence, journals and diaries, birth—marriage—death certificates, obituaries, military records, and other items of sentimental value. (cont'd on page 8)



### Mahjong

Submitted by Sandy Bergeron



Mahjong is a very old Chinese "gambling game" played with tiles. There are many different rules depending on your country. In the U.S., the American National League rules require that you buy a card every year; or there's the Air Force way where you use a booklet. Each country seems to have its own version.

We use the simplified Chinese game as taught at the Chinese Garden in Portland. It's easy to learn and a lot like playing Rummy with tiles instead of cards. We don't play for money in our Highland's game and none of us are that serious a player, which makes it fun.

We play every Wednesday from 2 - 4 p.m. in the card room. We have two Mahjong sets in the Clubhouse. Many of our players also use the American National way and would like to play that way too. We love to teach new people, so come visit us! For information, contact Sandy Bergeron.

Voice Mail at (503) 624-7896

Text at (971) 255-3790

e-mail: sandber31638@gmail.com

# Activities

## Art & Craft Faire/Cookie Bar

Submitted by Nancy Crandell

### THE HIGHLANDS ART & CRAFT FAIRE IS COMING! DECEMBER 1<sup>st</sup> FROM 10 A.M. TO 4 P.M.

A follow-up planning meeting will be on Monday, November 12<sup>th</sup>, at 1:00 p.m. There is still time to sign up for table space. Please let Nancy Crandell know!



We'll set up tables, etc., on Friday, November 30<sup>th</sup>, at 3 p.m. You may set up your display then, or early Saturday morning, as you wish.



The cookie sign-up sheet will be posted the first of November. We need your name and the kind of cookies you will be making so there will be a nice variety to choose from.

Want to help? A sign-up sheet for other ways to help will be posted for:

- Greeters – 1-hour shifts
- Musicians – Christmas songs on our piano, or your instrument – ½- to 1-hour periods of time
- Cookie Bar helpers, as you wish
- Toy Acceptor at our Christmas tree – 1-hour shifts
- Sign Posters – the Sunday before, or early on December 1<sup>st</sup>.

**It takes a Highlands Village...  
to make this a success –  
And it's fun! – So come join us!!**



For questions or more information, call Nancy Crandell at (503) 746-6701.

## Sew Much Fun!

Submitted by Bonnie Fletcher & Gail Mansfield

A delightful new Sewing Group has formed for all Highlanders who share the love of sewing. This is a no-host group much like the Needle Arts Group and Happy Hour.



We meet on the second Thursday of each month from 9:30 a.m. to 4:00 p.m. in the Clubhouse. This is an open sew. Bring your sewing machine, an extension cord, your project, and a sack lunch. We have an iron and ironing board.

This is not just quilting, but all sewing arts. It's a great time to work on your Holiday gifts, or your new outfit for the Highlands Holiday Party, or your latest quilt.

We have "SEW MUCH FUN"—don't miss out!

## Bridge

Submitted by Bobbi Siegel



### Tuesday Bridge

Our Tuesday Bridge Group is friendly and the bridge is casual party bridge. If you play bridge or would like to learn, just visit our group on Tuesday at 1 p.m. in the Clubhouse, or sign up on the bridge list posted on the bulletin board. We usually have two or three tables of four players set up in the ballroom. New players are always welcome!

## Bible Study

Submitted by Maxine Sommer

**November 6<sup>th</sup>** - Pastor Mike Stern is Associate Pastor at his Lake Oswego church, and brings his enthusiasm and love for God's Word to the teaching ministry he has. With youthful compassion, and a servant heart, Mike has been involved in foreign missions; coordinating small group Bible Studies; and is also serving in community outreach activities. Coffee, refreshments, and fellowship follow as usual.



**November 20<sup>th</sup>** - This gathering is two evenings before Thanksgiving Day. All of you here in the Highlands community are invited to join us for an interactive, Biblical centered, time together. We will also have group singing, followed by our fellowship time with refreshments.



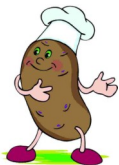
# Special Event Report, and Other Reports Cont'd

## The Great Baked Potato Party

Submitted by Gary Melott

The Potato Bake was a wonderful success, serving 111 people and honoring all original Home and Condo owners. There were 10 original owners who attended: Priscilla Haynes, Gerry Hovies, Hermine Valley, Bev and Gary Melott, Bill McKee, Renate McKeever, Margret Meermier, Muriel Jackson, Shirley Scheideman, and Dwight Shank. The following could not make it: Genevieve Ward, Steve Trykar, Betty Druck—all House owners; Condo owners Dolly Bailey, James Thompson, Jerry and Lynn Kenyon. The Special Event Committee thanks everyone who volunteered to help make it a wonderful evening.

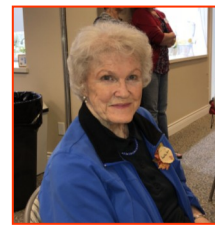
Pictures by  
Denette Peffers  
& Ed Benberg



"Master Potato Baker," Ed!



Acknowledging Original Owners



Original Owner,  
Priscilla Haynes



Original Owner,  
Gerry Hovies



Original Owner,  
Bill McKee



Cool Decorations!



All enjoying baked potatoes!



Original Owners, The Melotts

### Condo Notes (cont'd from page 2)

**New Owner Reminder:** All new Condo owners **must** register with the HOA. Please visit Mabel at the Clubhouse office to fill out the required paperwork and be sure to bring your proof of age. This registration is not optional—it is required.

Board member Don Callender resigned shortly after the September meeting. His unit sold immediately and he will be leaving the area very soon. I want to thank Don for serving our Community the past 19 months.

Cleaning of entrance carpets will be happening in November, probably right before Thanksgiving. A notice will be posted ahead of the actual date.

Our next Board of Directors meeting will be Thursday, November 8<sup>th</sup> at 5:30 p.m. This will be the last meeting of 2018. *Please plan to attend.*

### Clubhouse Interiors Committee

Submitted by Jo Hendrickson

The committee has been busy making final decisions for our kitchen update. The project start date has been changed as our contractor has been exceptionally busy. Therefore, so as not to disrupt Holiday events, we are rescheduling the project to be completed in mid-January.

The Holidays are soon upon us and the Committee will undertake decorating the Clubhouse for the Christmas season shortly after Thanksgiving. It is always such a joy to bring the enchantment of the Holidays to the Clubhouse for everyone to enjoy.

*Happy Thanksgiving to all!*

## December Special Event

### *Highlands Holiday Buffet*

Submitted by Jo Hendrickson



*We welcome you to join us at our annual Christmas dinner to be held at the Clubhouse on Wednesday evening, December 12<sup>th</sup>. Come enjoy a wonderful dinner catered by Kam and Kam Catering. Appreciate our beautifully decorated Clubhouse all dressed out in its Holiday decor.*

*Social Hour at 5:30 p.m. will precede the Dinner, which will start at 6:30 p.m. Cost is \$23.00 per person for the Turkey dinner and \$24.00 for the Salmon entree.*

*Our round tables will be used for the dinner and as with other events, there will be no reserved tables. Entertainment for the evening will be the Dickens Carolers outfitted in beautiful period costumes.*

**Only 90 tickets will be sold.**

**Admittance to the Dinner is by advance ticket purchase only. There will be no sales at the door, and No refunds.**

### **BUFFET MENU**



Grilled Salmon Filet or  
Sliced Turkey Breast with Gravy  
Yukon Gold Mashed Potatoes  
Green Beans Almandine-(cooked past crunchy)  
Harvest Green Salad  
Sage Bread Stuffing-(not vegetarian)  
Rolls and Butter  
Cranberry Sauce and Tartar Sauce  
Assorted Desserts



Coffee, Tea, and Water will be available — or BYOBeverage

Those ordering a Salmon Filet will serve themselves all buffet items and then present their ticket at the kitchen window for their Salmon.

### ***TICKET SALES AT THE CLUBHOUSE on the following dates/times:***

Friday Happy Hour on November 2, 9, 16, and 23 from 5 to 7 p.m.

Saturdays, November 3, 10, 17, 24, and 12/1 from 11 a.m. to 12 noon

***Last chance to purchase is on Saturday, Dec. 1<sup>st</sup> from 11 a.m. to 12 noon***

If you are paying by check,  
please make your check payable to HOA Special Events.

## More Activities



### Poker

Submitted by Sandy Bergeron

If you are a cut throat or a high stakes player, this is not the game for you! The buy-in is \$4.25 for \$3.25 worth of chips as 1 dollar from each player goes to the person with the highest hand of the night. Blue chips are 10 cents, red chips are 5 cents, and white chips are 1 cent. We often even don't get into our blue chips!



Both men and women are invited to play. We are always looking for new players as one of our players is a snow bird and is not always available. We would also like some alternate players for those who do not want to, or cannot play, every Wednesday night from 7 to 9:30 p.m. in the Clubhouse card room. We can teach you to play Poker—just drop in or visit. You are always welcome.

For information, contact Sandy Bergeron.

Voice Mail at (503) 624-7896

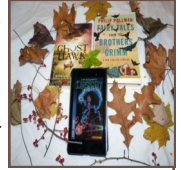
Text at (971) 255-3790

e-mail: sandber31638@gmail.com

### Book Club

Submitted by Judy Sutton

**Please Note!!** Due to Thanksgiving falling on Thursday, November 22<sup>nd</sup>, we have changed our meeting date for November's Book Club meeting to the **second Wednesday this month—**



**NOVEMBER 14<sup>TH</sup>**. The meeting time and place remain the same -- 1:30 p.m. at the Highlands Clubhouse.

Our November book selection is Daniel Brown's ***Under a Flaming Sky***. It was published in 2007, is 304 pages in length, and 79% of readers gave it five stars. It is a non-fiction about the Minnesota Fire of 1894. Daniel Brown is a marvelous storyteller as well as historian, and you will not want to put this book down until finished. Come join us for a lively discussion. We serve coffee and treats too! For more information, call Judy Sutton (503) 639-1752.

## Living Well Speaker Series (cont'd from Pg 4)

Submitted by Linda Dufresne

**November 18<sup>th</sup> at 2 p.m.** – Highlands resident Lucianne Phillips will speak on the Cascadia Subduction Zone—the major earthquake fault that could impact us, as well as covering what you could do to better prepare yourself. Subduction Zone earthquakes are responsible for the major 9-point earthquakes. The Pacific Rim is also known as the Ring of Fire because of the earthquakes that may occur. In the USA, Alaska's 9.4 magnitude earthquake in 1964 was the strongest in our nation's history and was caused by a Subduction Zone. That is where one tectonic plate slides under another and catches. Pressure builds until it releases and that is the strong earthquake. The Cascadia Subduction Zone which has the Juan de Fuca plate going under the North American plate spans from northern California to southern Alaska. In this presentation, we will learn more about the geology and the preparedness measures you could take.

Over time, Lucianne has worked on numbers of Red Cross relief operations including earthquakes,

floods, fires and tornados, mostly feeding people or managing service centers. Fluency in French and Spanish opened doors to go into international work. She led preparedness, relief, and recovery operations for the International Federation of Red Cross and Red Crescent Societies in Geneva, Switzerland, and worked in countries in Africa, Latin America, and the Caribbean. Returning to the U.S., she was the Executive Director of several American Red Cross chapters in Washington, California, and Ohio. She then served as the Peace Corps Country Director in Macedonia and Liberia. Lastly, she worked for FEMA in the Pacific Northwest assisting private companies on business continuity and post-disaster economic recovery. She retired last December and moved to the Highlands Community in January this year.

Lucianne has a B.S. Degree in Public Administration and a Master of Public Administration, specializing in disaster preparedness, from the University of Southern California.



## More Activities

### Dining Group

Submitted by Pat Combs

*Mark your calendars for fun, food, and friends !*

The Group's choice for November is:



**Happy Hour at Hayden's Lakefront Grill**

**Wednesday, November 14<sup>th</sup>, 4 - 6 p.m.**

8187 SW Tualatin-Sherwood Road, Tualatin, OR 97062 (503) 885-9292

Hayden's provides quality food and a wonderful atmosphere.

Their menu can be viewed at: <https://www.haydensgrill.com/menus/#happy-hour>

*Happy Hour is in the bar; however, if there isn't enough space in the bar, and we have a large group (20 or more), they can accommodate us in a different part of the restaurant with the same menu. The Happy Hour menu is wonderful and inexpensive, and the restaurant is also willing to allow separate checks for us, with an 18% gratuity added on.*

Though reservations aren't required for the restaurant, we would like to give them a "heads up" on an approximate number of people to expect.

Please **contact** Pat or Connie if you are interested in, or plan on attending.

**Pat Combs, 971-371-2188**  
[combsfamily11@gmail.com](mailto:combsfamily11@gmail.com)

**Connie Armstrong, 503-781-8880**  
[constancecompanion@gmail.com](mailto:constancecompanion@gmail.com)



## T'was the Daze Before Christmas

Submitted by Bill McKee

Northwest Senior Theatre ([www.northwestseniortheatre.org](http://www.northwestseniortheatre.org)) is comprised of retired professional performers not yet ready to put their voices and bodies out to pasture. Their spring and fall performances have become a Northwest tradition.

In November, they will present their 2018 Holiday Show, "**T'was the Daze Before Christmas.**" Performances are scheduled for 2 p.m., November 14, 15, 16, and 17, and will be at the Alpenrose Dairy Opera House, 6149 SW Shattuck Rd., Portland. Admission is \$5 CASH at the door—no credit cards/phone payments, etc. There are no reservations (with the exception of groups of 15 or more), and no tickets. Except for the larger groups, seating is first come/first served.

For further information and/or interest in attending a performance, contact Bill McKee at (503) 684-8208 or via e-mail at [marimac.or@juno.com](mailto:marimac.or@juno.com).



"Is not this a true autumn day?? Just the still melancholy that I love — that makes life and nature harmonize. The birds are consulting about their migrations, the trees are putting on the hectic or the pallid hues of decay, and begin to strew the ground, that one's very footsteps may not disturb the repose of earth and air, while they give us a scent that is a perfect anodyne to the restless spirit. Delicious autumn! My very soul is wedded to it, and if I were a bird, I would fly about the earth seeking the successive autumns."

— George Elliott

# Announcements

## Special Recognition

Submitted by Dave Platt

The Board would like to give **special recognition to Vicki Miller** for her faithful service to the Board and the Community as Treasurer of the HOA. Vicki's term of office will end this November and she will not be up for re-election due to greatly increased personal activities.

Although all Operating Fund checks are issued by our management company, CMI, payment of all invoices other than regular monthly utilities and monthly contract invoices must be individually approved by Vicki before CMI can issue payment. She personally issues all Reserve Fund checks.

In addition to various other responsibilities, she is also in charge of the annual budgeting process. Her tireless dedication to all of these volunteer activities will be greatly missed.

## Library Whisperings



Submitted by Bobbi Siegel,

Highlands residents are invited to become a library volunteer. A short training is provided and you will have an occasional shift as a committee member substitute.

Meetings are held on the second Friday of each month. If you are interested, just attend our next meeting on November 9th at 2:30 p.m., or call Bobbi Siegel at (503) 430-1506.

## Condo Neighborhood Watch Meeting

Submitted by Sandy Bergeron



There will be a Condo Captain's Neighborhood Watch meeting on Tuesday, November 13th at 4 p.m. in the Clubhouse meeting room. Bring any problems and/or solutions to the meeting for discussion. Hope to see you there.

In addition, please be thinking if we want to have a Holiday party/get together in December. Questions, contact Sandy Bergeron.

Voice Mail at (503) 624-7896

Text at (971) 255-3790

e-mail: sandber31638@gmail.com

## Hikers & Walkers Group

Submitted by Mike Albright

### Group Postpones Activities Until Spring

In view of its late start and the upcoming rainy season, the Hikers and Walkers Group has decided to postpone its agenda of activities until next spring. Walks and hikes will be planned of varying lengths, from as short as a mile to much longer hikes. In addition, consideration will be given to scheduling at different times during the week to accommodate both retired residents and those still employed.



Hiking and walking locations will include parks and trails all over the area. Those locations currently being considered are the Tualatin River National Wildlife Refuge, Summerlake Park, Lowami Hart Woods, Jenkins Estate, the Fanno Creek Trail, Cook Park, the Tualatin Hills Nature Park, the Cooper Mountain Nature Park, and Forest Park.



## Hand and Foot

Submitted by Gordon Keeney



Hand and Foot game nights remain on Thursdays, except the week that the HOA Town Hall/Monthly Meetings are held. On that particular week of each month, game night will be on Wednesday.

**This month, it's the week of Nov. 11th, so we will play at 7 p.m. on November 14th at the Clubhouse—  
See you there!**

"Do your little bit of good where you are. It's those little bits of good put together that overwhelm the world."  
—Desmod Tutu



# Items of Interest

## Gratitude

Submitted by Quila Bowlés

### Focusing on What's in Front of Us



The dictionary defines *gratitude* in this way: "the quality of being thankful; readiness to show appreciation for and to return kindness." Let's call it the conscious practice of feeling and

sharing appreciation for the people, events, circumstances, and material and non-material blessings in our lives.

Taking a few moments to reflect and rest in the feeling of being grateful allows us to feel abundant and richly blessed. It does so by moving our focus to what we *do* have rather than those things we *don't* have. As a result, we feel more positive, joyful, and aware of the many things that are in our lives—things we might otherwise take for granted were we not practicing gratitude!

Some say being thankful moves us to a state of bliss because we see how much value already exists in our daily lives. Many spiritual masters have told us gratitude can relieve our mental and emotional suffering.

...with permission from practices4life, USoC



**Remember Our VETERANS**  
 Veteran's Day  
 November 11th  
*"A hero is someone who has given his or her life to something bigger than oneself."*

*Love the trees until their leaves fall off, then encourage them to try again next year.*

—Chad Sugg

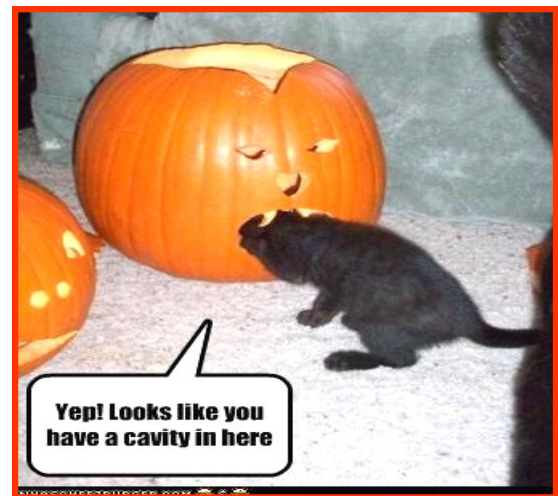
## Red Light Cameras!

Submitted by Gail Mansfield

Of interest to ALL Highlanders: yes, the City of Tigard has announced that red light cameras are coming to three intersections along 99W (Pacific Hwy) by early 2019. Unfortunately, we all will be affected by them, especially the one at Durham Road. The other two will be at Hall Blvd. and 72<sup>nd</sup> Ave.



The following story was found that gives more details. For those of you who have internet access, the link is: <https://portlandtribune.com/ttt/89-news/407580-306164-photo-red-light-cameras-coming-to-3-tigard-intersections>. A printout of the article is also on the bulletin board in the Clubhouse.



### VOTERS—We're in more trouble than we imagined!

I used to work in technical support for a 24/7 call center. One day, I got a call from an individual who asked what hours the call center was open. I told him, "The number you dialed is open 24 hours a day, 7 days a week." He responded, "Is that Eastern or Pacific time?" Wanting to end the call quickly, I said, "Uh, Pacific." ... He also votes! ...Author Unknown

**On A Serious Note... Remember to turn in your ballot by Tues., November 6<sup>th</sup>!**

## For Your Information...

### Reminder: Change Your Clocks — Catch Some ZZZ's!



Daylight Saving Time “**fall back**” doesn't equal **sleep gain**. Daylight Saving Time officially ends at 2:00 a.m. on the first Sunday in November (this year, November 4<sup>th</sup>). In theory, “falling back” means an extra **hour of sleep** that weekend. In reality, many people don't, or can't, take advantage of the weekend's extra **hour of sleep**.



## Directory Updates

Submitted by Mabel Weber

Demont, Lynne	503-598-9318	16308 SW 129th Terrace
Hume, Richard & Helen (new phone number)	503-869-8522	16190 SW 130th Terrace # 12
Willis, Anna	360-929-8169	16139 SW 130th Terrace # 34
Willis, Ronald	360-929-8165	16139 SW 130th Terrace # 34



### Another reminder:

*With the time change, it gets dark a lot earlier. If you're walking to or from the Clubhouse building after dark, bring your flashlight!*

### IN MEMORIAM

Resident Norine Baillif (wife of Allen) from 12721 SW Dickson Street passed away

Wednesday, September 19<sup>th</sup>.

A memorial service was held October 13<sup>th</sup>.

Our condolences go out to the family.

... from your Editor and Proofreaders



**Editor:** Quila Bowlés welcomes feedback & suggested items of general interest to the community. The Editor retains the right to edit and make copy corrections as needed.

**Proofreaders:** Susan Keltner, Mary Lou Steben, and Silvia Thiem

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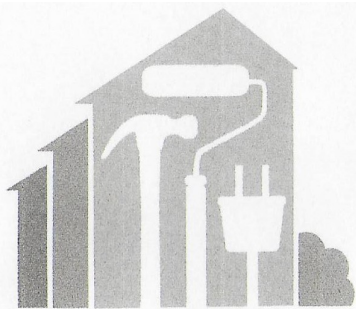


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### Client Testimonials

**KAREN:** Thank you so much for taking such good care of my elderly parents Art and Doreen.

**Alex H.**

Dear **KAREN:** It was a pleasure working with you on the sale of the house. Your calm reserved professionalism has been very much appreciated.

**Christina and Duane L.**

**KAREN** I can't begin to thank you for all your help, patience, and understanding. So, thank you again **KAREN** for everything. You're pretty special.

**Paul W.**

**KAREN:** Thank you for all your patience and work getting my parents house sold.

**Julie S.**

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### **CONTACT**

Don Fitzgerald at (503) 572-7202



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# KC Highlands Calendar

# November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
<b>Clubhouse Office Hours:</b> <b>Mondays, Wednesdays 9 – 12 and Thursdays 1 – 4.</b> <b>For updates, please check the calendar on the Clubhouse front door window or watch for updates on Hi-Net.</b>				10 Zumba Exercise 11 Genealogy Class 7 Hand & Foot	9 Walking Aerobics 10:30 Coloring 1 Needle Arts 5 Happy Hour 7 Movie Night	
4	5	6	7	8	9	10
1-4 pm Realtors' First Sunday Open Houses 2-4 Living Well Speaker Series Daylight Saving Time Ends	10 Zumba Exercise 11 Condo Reserve Meeting 2 Dominos	9 Walking Aerobics 10 Coffee Hour 1 Bridge 7 Bible Study Election Day	10:30 A/L Meeting 2 Dominoes 2 Mahjong 7 Mixed Poker	9:30-4 Sewing Group 10 Zumba Exercise 5:30 Condo Board Meeting 7 Hand & Foot	9 Walking Aerobics 10:30 Coloring 1 Needle Arts 2:30 Library Committee 5 Happy Hour	
11	12	13	14	15	16	17
 Veterans Day	10 Zumba Exercise 2 Dominoes 1 Art & Craft Faire Mtg	9 Walking Aerobics 10 Coffee Hour 10:30 Condo Landscape 1 Bridge 4 Condo Neighborhood Watch Mtg	1:30 Book Club 2 Dominoes 2 Mahjong 7 Mixed Poker 7 Hand & Foot	10 Zumba 11 Genealogy Class 3 Clubhouse Interiors 5:30 Light Buffet 6:30 Sign In 7 HOA Annual Meeting	9 Walking Aerobics 10:30 Coloring 1 Needle Arts 5 Happy Hour 7 Movie Night	Private Event 10:30 – 3:30
18	19	20	21	22	23	24
2-4 Living Well Speaker Series	10 Zumba Exercise 2 Dominos	9 Walking Aerobics 10 Coffee Hour 1 Bridge 7 Bible Study	2 Dominoes 2 Mahjong 7 Mixed Poker	Private Event 10-8  Thanksgiving	9 Walking Aerobics 10:30 Coloring 1 Needle Arts 5 Happy Hour	
25	26	27	28	29	30	
	10 Zumba Exercise 2 Dominoes 7 CPO #4K	9 Walking Aerobics 10 Coffee Hour 1 Bridge 1:30 HOA Finance Mtg	2 Dominoes 2 Mahjong 7 Mixed Poker	10 Zumba Exercise 7 Hand & Foot	9 Walking Aerobics 10:30 Coloring 1 Needle Arts 3 Art & Craft Faire Set Up 5 Happy Hour	